



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YMCA CAMP TOCKWOGH SUMMER 2012

WWW.TOCKWOGH.ORG

24370 Still Pond Neck Road
Worton, MD 21678

410-348-6000





DEAR PARENTS,

Where has the time gone? I can hardly believe that it has been 27 years since I stepped foot on camp as a first year Navajo. To my delight, this year will be my fifth as the Executive Director of camp and my third summer as a mom.

My husband Regan and I had the pleasure of welcoming our daughter Isabel Flores King to the world on February 25, 2010. It has been a truly amazing experience to be on the other side as a mom. Worrying, hoping I am doing the right thing and more importantly, as a working mom, entrusting others to care for Isabel.

When my office staff came to visit me after arriving home from the hospital, the first thing I told them was that I have the utmost respect for our parents for sending their most prized possessions, their children, to camp. For that reason, I want to send a heartfelt thank you to each parent for your support, and for believing in the importance of what we teach at camp.

For those of us who have been fortunate enough to have been campers or staff we recognize the enchantment of camp, and we understand how amazing the opportunity to be independent at such a young age can be. From time to time, I'll look at my old pictures and get a kick out of the wacky outfits I would pick out at camp even though my mom sent me with a pre-matched wardrobe.

Kids that come to camp have the opportunity to gain independence, discover new found confidence, and build problem-solving and social skills. We all realize how remarkable Tockwogh is, and we should all attempt to share the magic with our friends.

In the YMCA Spirit,

Elizabeth Staib King

“My kids love it! The activities are great and the staff always make everyone feel welcome. They have made great friends and have become more independent.”

– Summer 2011 Parent





OUR STAFF

Our philosophy is that staff are the key to a successful camp experience. They exude positive energy and excitement. Many of our 120 staff are college students who return each year because they find the experience so rewarding. They are selected with care.

Each staff member goes through a detailed interview process. We seek out young adults with positive attitudes and a clear understanding of what it means to be a role model. Camp counselors enjoy the most important job at Tockwogh. Your child's counselor is the person you first see when you unload at the cabin and the last person to wish you well on your way back home. In between those meetings, the camp counselor takes care of your child, sets a good example, and ensures a fun and safe experience.

In addition to hiring the right people, providing them with effective training is essential. Training covers everything from CPR/First Aid, lifeguarding, horseback riding, and boat driving to working with homesick campers, strategies to create bonds within the cabin, and how to model good behavior.

Your child's safety is paramount to us.

We strive to exceed the industry standards on staffing and staff training. We are proud of our staff and their commitment to excellent service.



"My son and his friend love the place just as much as my 3 brothers did growing up!"

– Summer 2011 Parent



TRADITIONAL CAMP ACTIVITIES

Each activity runs for five days, with five activity periods each day. Campers select activities that are the most interesting to them. Your child will have the freedom to create his or her own camp experience from over 35 different activities.

Soccer • Lacrosse • Rugby • Football • Baseball • Softball
Volleyball • Basketball • Tennis • Waterskiing • Sailing
Wakeboarding • Kneeboarding • Pottery • Jewelry Making
Dance • Drama • Cooking • Photography • Archery
Creative Writing • Arts & Crafts • Orienteering • Hiking
Fire Building • Nature Studies • Bay Studies • Swimming
Camping Skills • Horseback Riding • Outdoor Cooking
Survival Skills • Mountain Biking • Climbing Wall • Guitar
Canoeing • Ropes/Challenge Course • Kayaking
Wind Surfing • Tubing • Motorboat Rides



Waterfront Activity GUARANTEED!

Because of Tockwogh's unique location on the Chesapeake Bay, we want to make sure each camper spends time enjoying the water. **Traditional Campers can now pre-register for either sailing or waterskiing before they even set foot on camp – for no additional cost.** In addition, every cabin will spend time at the waterfront enjoying tubing and boat rides. We are committed to your camper enjoying this beautiful body of water, one of Tockwogh's best assets! All you need to do is fill out the pre-registration form and return it before the start of your camper's session.





EQUESTRIAN PROGRAM

Campers can choose from 3 horseback riding program options at Camp Tockwogh for an additional fee:

- 1 Trail Rides** This is a great way to try out our riding program. Campers have the opportunity to go on 45 minute trail rides around Tockwogh's property under the supervision of our trained staff.
- 2 Riding Lessons** Campers learn the finer points of riding in our Skeeter Skaggs riding facility. Learn to walk, trot, canter and more from our experienced staff. This program takes one activity period each day, Monday through Friday.
- 3 Equestrian Camp** This all-morning program allows the horse-enthusiast to gain a deeper knowledge of horses and riding. Campers help feed, tack, groom and muck, in addition to learning riding skills, anatomy, basic vet care, and more.



STAY IN TOUCH

For regular, up-to-date information on the goings on at Camp Tockwogh ...

Follow us on Twitter [@Camp_Tockwogh](https://twitter.com/Camp_Tockwogh)

And for a more in-depth view on all things Tockwogh, follow Amy's Blog at www.camptockwogh.blogspot.com

Become a fan on Facebook at facebook.com/camptockwogh



WAKEBOARDING & WATERSKIING CAMP

(Grades 7 -10)

Tockwogh's Wakeboarding and Waterskiing Camp is a specialty program in which campers get to focus on skill development in wakeboarding and/or waterskiing. Participants set realistic goals with the help of our staff and work to achieve those milestones over the course of their two weeks. There will be opportunities for other activities in addition to wakeboarding and waterskiing, though the majority of your camper's time will be spent on the water. An additional benefit of this program is that participants wakeboard and ski on nearby Still Pond Creek, a beautiful, calm body of water that offers ideal boating conditions every day. Space is limited in this specialty program so register early. (This is a specialty camp – traditional Tockwogh campers can wakeboard and waterski too, but not all day.)

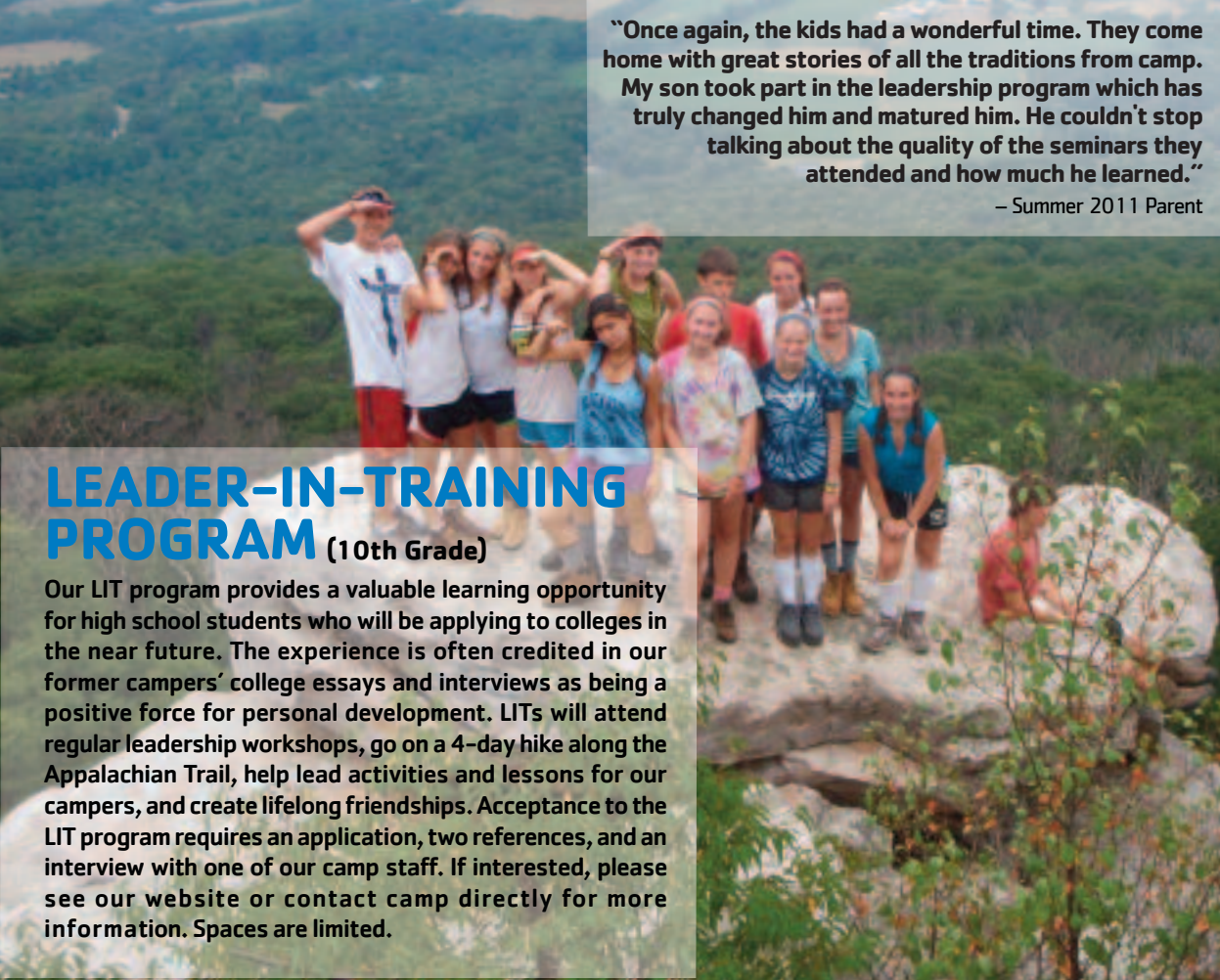


SAILING CAMP

(Grades 7 -10)

The Sailing Camp is a two-week program designed for any ability level. Our staff is recruited from collegiate sailing teams nationally and internationally, and they use their considerable experience to coach your teenager. Campers are encouraged to set goals with the staff to create individualized lesson plans. Participants learn primarily on Lasers for their instruction, and they also have access to a 22' Catalina to explore the basics of navigation and cruising. Campers get to do other activities around camp in addition to sailing, but the majority of their time will be spent on the water. Part of our instruction philosophy is to teach as often as possible in a one-on-one setting, which is why we have a higher staff-to-camper ratio in this program. Space is limited in this specialty program so register early. (This is a specialty camp – traditional Tockwogh campers can sail too, but not all day.)





“Once again, the kids had a wonderful time. They come home with great stories of all the traditions from camp. My son took part in the leadership program which has truly changed him and matured him. He couldn’t stop talking about the quality of the seminars they attended and how much he learned.”

– Summer 2011 Parent

LEADER-IN-TRAINING PROGRAM (10th Grade)

Our LIT program provides a valuable learning opportunity for high school students who will be applying to colleges in the near future. The experience is often credited in our former campers’ college essays and interviews as being a positive force for personal development. LITs will attend regular leadership workshops, go on a 4-day hike along the Appalachian Trail, help lead activities and lessons for our campers, and create lifelong friendships. Acceptance to the LIT program requires an application, two references, and an interview with one of our camp staff. If interested, please see our website or contact camp directly for more information. Spaces are limited.



COUNSELOR-IN-TRAINING PROGRAM (11th Grade)

The CIT program picks up where the LIT program left off. You do not have to be an LIT first to be accepted into this program. Just like their LIT summer, every year our former campers address their CIT experience during the college application process in interviews and essays. While the LIT program addresses leadership in a very general sense, CITs get real practice applying leadership skills while they work with our younger campers directly. CITs will have the opportunity to live in cabins with counselors and campers, go on a rafting and camping trip, participate in leadership workshops, and make lasting friendships. Acceptance to the CIT program requires an application, four references, and an interview with one of our camp staff. If interested, please see our website or contact camp directly for more information. Spaces are limited.



3-DAY MINICAMP

This 2 night, 3-day program is a great way to introduce your camper to overnight camping. It is designed for new and younger campers and offers a higher staff-to-camper ratio than our traditional summer camp. During their time here, campers will be able to sample all of the different activities that camp has to offer. They will also be watched closely and cared for by our staff, ensuring a safe, enjoyable transition into overnight camping. The session begins Wednesday morning and ends Friday evening with a BBQ that parents are welcome to attend. At the BBQ, parents will be able to meet and greet camp directors and join in the fun. The grades for Mini-Camp are K-5.



VISIT US AT CAMP!

February 19	Summer Camp Tour Day
March 25	Summer Camp Tour Day
April 29	Summer Camp Tour Day
May 20	Summer Camp Tour Day
May 25-28	Memorial Day Family Camp
August 19-26	Summer's End Family Camp

Call us to schedule your personalized tour or to find out more about our family camps!

2012 DATES & RATES

	Tockwogh Completed Grades 2-9 Traditional Camp Offers campers a variety of activities including sailing/skiing.	Tickwogh Water Sports Specialty Camps Completed Grades 7-10 Sailing Camp Sailing is an all day activity. Water-Skiing Camp Wakeboarding/ Waterskiing are all day activities.	
3-Day Mini-Camp Wed. June 13- Fri. June 15	\$256 Mini Camp only! Completed Grades K - 5	N/A	N/A
Session 1 Sun. June 17 – Fri. June 29	Tier One: \$1544 Tier Two: \$1444 Tier Three: \$1344	\$1659	\$1802
Session 1A Sun. June 17 – Fri. June 22	Tier One: \$802 Tier Two: \$752 Tier Three: \$702	\$863	\$937
Session 1B Sun. June 24 – Fri. June 29	Tier One: \$802 Tier Two: \$752 Tier Three: \$702	\$863	\$937
Session 2 Sun. July 1 – Fri. July 13	Tier One: \$1544 Tier Two: \$1444 Tier Three: \$1344	\$1659	\$1802
Session 3 Sun. July 15 – Fri. July 27	Tier One: \$1544 Tier Two: \$1444 Tier Three: \$1344	\$1659	\$1802
Session 4 Sun. July 29 – Fri. Aug. 10	Tier One: \$1544 Tier Two: \$1444 Tier Three: \$1344	\$1659	\$1802
Session 5 Sun. Aug. 12 – Fri. Aug. 17	Tier One: \$802 Tier Two: \$752 Tier Three: \$702	Sailing/Water Skiing Camp Combo \$900	

Weekend programming is available for campers staying multiple sessions. Stay over weekend \$130*
 *Laundry service available for an additional fee.

Your charitable donation to the YMCA of Delaware’s Strong Kids Campaign will allow a child or teen to have an unforgettable experience at Camp Tockwogh.

The Open Doors Program provides camper scholarships for families who need assistance. For more information, please call 1-410-348-6000 or log on to www.tockwogh.org.



“My girls had a wonderful two week session. They are already talking about staying at camp next year for two sessions!” – Summer 2011 Parent