

IMPORTANT DATES:

1/14: Sign up DEADLINE for BRY Mini Meet
1/16-1/17: Winterfest @ University of Maryland
1/16-1/17: Pirate Plunge Meet's @ U of D
1/21: Sign up DEADLINE for Wahoo-A-Thon
1/21: Sign up DEADLINE for Dover 3D meet
1/23: WAHOO-A-THON
1/25: Sign up DEADLINE for home dual meet vs. MDY
1/30: Team Picture Day! 8:45am
1/30: Home dual meet vs. MDY. WU 10:00/11:00 Start
2/6: Dover 3D Invitational @ Dover YMCA

WAHOO-A-THON

The 2nd annual Wahoo-A-Thon is fast approaching! Please remember to sign up for a lane before January 21st. It is important to sign up before hand to help us prepare for the pancake breakfast. We would like to have 100% participation in this fundraiser to help reach our goal of \$3,000 for a new team record board! If you have any questions with the event please ask Coach Adam.

We will need a very small number of volunteers to help with the pancake breakfast. We need **only 3** volunteers for each time period: 7:30-9:30am, 9:30-11:30am, and 11:30-12:30pm. Please email the volunteer coordinator at westernwahoosvolunteer@gmail.com to help.

TEAM PICTURE DAY AND LAST DUAL MEET

Team pictures will take place before our last home dual meet on Saturday January 30th. Please arrive for team pictures by 8:45am at the bubble. Individual pictures will immediately follow the team pictures. Order forms will be available to be picked up starting at the Wahoo-A-Thon and the following week at the bubble pool. Bring your order forms to the pool the morning of picture day to be turned in.

This will be our last dual meet of the season and a great opportunity to get some more personal best times. Warm ups will start at 10:00am after pictures. The meet will start at 11:00am and should be over between 2:30-3:00pm. Please sign up before Monday the 25th in order to swim in the meet.

QUOTE OF THE MONTH:

Nothing will work unless you do.
~ John Wooden



HAPPY NEW YEAR/END OF SEASON:

I hope everyone had a great holiday season and a happy new year. I cannot believe that it is already January. Our long 6 month season is now in the home stretch with a little more than 2 months remaining.

Remember to be eligible to participate at Districts you must swim at 3 YMCA meets during the year. If you missed meets earlier in the season but have District Qualifying times make sure you sign up for upcoming meets. Not sure where you stand? Email Coach Adam or Coach Ryan and we will double check.

DISTRICT HOTEL INFO

We have reserved a block of rooms at the Fairfield Inn Laurel MD for the weekend of Districts. The cost is \$89.00 per night which includes a free breakfast.

Group Name: Western Wahoos YMCA

Group Code: WWA

Reservations #: 800-228-2800

Cutoff Date: 2/12/10

Address: 13700 Baltimore Ave
Laurel, MD 20707

If you're not sure if you'll need a hotel room before the cutoff date of 2/12/10, I would reserve a room and you can always cancel later.