

School of Dance

YOUR CONTACT IS

Kathleen Gallant: kgallant@ymcade.org

FALL I CLASS FEES

30 Minute Class – Full Mbr: \$47/Prg. Mbr: \$95
45 Minute Class – Full Mbr: \$50/ Prg. Mbr: \$101
60 Minute Class – Full Mbr: \$65/ Prg. Mbr: \$130

FALL II CLASS FEES

30 Minute Class – Full Mbr: \$54/Prg. Mbr: \$108
45 Minute Class – Full Mbr: \$57/ Prg. Mbr: \$115
60 Minute Class – Full Mbr: \$74/ Prg. Mbr: \$148

W=Western Room A=Aerobics Studio
Except for Dance for Tots and Move and Groove, Dancers must be the correct age for the class by August 31, 2009.
*These classes do not perform in the Recital.

DANCE FOR TOTS*

[04-2-09]

Ages 21/2 to 31/2 by January 1, 2010

Boys and Girls will use music, imagination, and age-appropriate props to learn about their bodies and the world. A great chance to be active and gain coordination in a safe, warm environment. Dancers can use ballet slippers or bare feet and should wear comfortable, flexible clothing. Registration is limited to 6 children.
Wed. 11:00-11:30 am (W)

CREATIVE MOVEMENT*

[04-2-10]

Ages 3&4

We use our imaginations to combine basic skills with many kinds of music, props, and themes. We explore the possibilities of movement and practice the structure of dance class.
Mon. 2:30-3:15 pm (W)
Sat. 3:45-4:30 pm (W)

KINDERBALLET 1

[04-2-24]

Ages 4&5

This very active class includes lots of stretching, balancing, and age appropriate steps.
Tues. 4:00-4:45 pm (W)
Sat. 11:45-12:30 pm (A)

KINDERDANCE 1 [BALLET & TAP]

[04-2-26]

Ages 4&5

This exciting class gives the beginning dancer a brief taste of each dance form.
Mon. 3:40-4:25 pm (W)
Wed. 3:40-4:25 pm (W)

MOVE AND GROOVE*

[04-2-17]

Ages 3 & 4

This class available for FALL 2 session only.

Boys and Girls will wear comfortable, flexible clothing and bare feet or ballet slippers. Lots of movement games and challenges help with coordination, balance, and timing. Registration is limited to 6 children. (Held in the YDC)

Tues. 11:45-12:15 pm

Thurs. 11:45-12:15 pm

KINDERBALLET 2

[04-2-25]

Ages 5&6

We continue the first fun steps of ballet with a more advanced approach.

Thurs. 4:40-5:25 pm (W)

Sat. 11:00-11:45 am (A)

KINDERDANCE 2 [BALLET & TAP]

[04-2-27]

Ages 5&6

A vibrant class for young dancers who enjoy both Tap and Ballet.

Fri. 4:30-5:15 pm (A)

Sat. 11:00-11:45 pm (W)

PREBALLET 1

[04-2-02]

Ages 6, 7 & 8

An energetic class which provides the building blocks for classical ballet. Great for poise and posture!
Sat. 10:00-10:45 pm (W)

COMBO DANCE 1 [JAZZ & TAP]

[04-2-28]

Ages 6&7

A great chance to learn two fun and feisty dance forms!
Sat. 11:45-12:45 am (W)

INTRO TO HIP HOP

[04-2-15]

Ages 7-9

Beginners welcome. A fun chance to move and groove to current (but age appropriate) tunes. A good workout and a chance to show your stuff.
Sat. 3:00-3:45 pm (W)



PREBALLET 2 / BALLET 1

[04-2-23]

Ages 8, 9, & 10

A lively approach to ballet technique which includes lots of stretching, balances in the center, and combinations moving across the floor. Introduction to the ballet barre.
Tues. 4:45-5:45 pm (W)

COMBO DANCE 2 [JAZZ & TAP] [04-2-11]

Ages 8&9 (age 7 with instructor approval)
The fun continues! A more advanced approach as dancers gain balance and coordination.
Mon. 4:25-5:25 pm (W)

HIP HOP 1 [04-2-29]

Ages 8 and up
Rock the beat in this fast moving class! Learn to combine basic moves and attitude to make a statement.
Fri. 5:15-6:00 pm (A)

BALLET 1X [04-2-07]

Ages 10 and up
A more challenging class for dancers who are ready to combine passion, technique, and discipline to create artistry!
Tues. 6:45-7:45 pm AND Sat. 9:00-10:00 am (W)

PRE POINTE [04-2-05]

Ages 10 and up
For dancers in the Ballet 1x level or Adults who want to strengthen their feet and legs. A necessary step in preparation for pointe shoes.
Tues. 5:45-6:45 pm (W)

COMBO DANCE 2X [JAZZ & TAP] [04-2-12]

Ages 9&10 (age 8 with instructor approval)
Strut your stuff! Dancers build on their tap and jazz skills to increase speed and expand movement vocabulary.
Fri. 7:15-8:15 pm (W)

HIP HOP 2 [04-21-8}

Ages 9 and up
Learn to connect basic Hip Hop moves into a more complex statement. Strengthen the body and build a movement vocabulary. Appropriate music and themes introduced. Previous dance experience a plus, but not required.
Fri. 4:30-5:15 pm (W)



COMBO DANCE 3 [JAZZ & TAP] [04-2-08]

Ages 10 and up (age 9 with instructor approval)
Leap to the challenge! Dancers learn more difficult moves to prepare for more advanced combinations.
Wed. 4:25-5:25 pm (W)

COMBO DANCE 3X [JAZZ & TAP] [04-2-20]

Ages 11 and up (age 10 with instructor approval)
Dancers master intermediate level technique in both dance forms and learn more about putting dances together.
Wed. 5:25-6:25 pm (W)



ADVANCED JAZZ [04-2-13]

Ages 11 and up
Gotta Dance! An advanced class which applies intermediate jazz technique to faster, more difficult combinations.
Fri. 6:15-7:15 pm (W)

ADVANCED TAP [04-2-03]

Ages 11 and up
Feet, do yo' stuff! A class for advanced students who are ready to combine basic steps with more advanced rhythms.
Fri. 5:30-6:15 pm (W)

TEEN / ADULT BALLET [04-2-06]

Ages 13 and up
Leap into the grace and elegance of classical ballet! This traditional ballet class is designed to appeal to dancers with varying levels of experience, and provides nourishment for the mind, body, and spirit.
Tues. 6:45-7:45 pm (W)
Wed. 1:00-2:00 pm (W)

TEEN / ADULT TAP [04-2-14]

Ages 13 and up
Shuffle off to Buffalo! Enjoy learning the smooth moves and attitudes of famous film hoofers like Gene Kelley, Ginger Rogers, and Gregory Hines. Tap is lots of fun and great exercise. Beginners welcome.
Thurs. 8:30-9:30 pm (W)



TEEN / ADULT HIP HOP [04-2-19}

Ages 13 and up
Shake it up in this brand new class! Beginners welcome.
Sat. 2:00-3:00 pm (W)

