

# 2009 Y Guide Weekends

In an effort to serve our YMCA Adventure Guides and Indian Princesses better, in 2009 YMCA Tockwogh is presenting our new Y Guide Weekend program.

Adventure Guides and Indian Princesses that book on Y Guides Weekend dates will enjoy a wide range of traditional Tockwogh activities and events including the climbing wall, archery, canoe/fun-yaks\*, motorboat rides\*, the pool\*, wilderness survival classes, a campfire with s'mores, and a movie night. They will also stay in our rustic cabins and be served 4 meals at our Dining Hall for the low price of **\$85 per person!**

This deal is offered to groups that book on Y Guide Weekend dates only!

## 2009 Y Guide Weekend Dates:

April 17-19

May 15-17

May 29-31

September 25-27

October 9-11

\* Weather permitting  
(Additional activities are negotiable, but may cost extra)

# Y Guide Weekend Schedule

## **Friday**

5:00pm - Check-in procedure begins: Please make sure a representative from your group checks in with Tockwogh staff at 5pm and is available in your assigned village to assist with check-in of other participants.

8:30pm - Movie starts in the rear of the Wigwam

## **Saturday**

7:45am - Send one server per table to set up for Breakfast

8:00am - Breakfast at the Dining Hall

**9:30am - Activities Open**

**12:15pm - Activities Close**

12:15pm - Send one server per table to set up for Lunch

12:30pm - Lunch in the Dining Hall

**2:00pm - Activities Open**

**4:45pm - Activities Close**

5:15pm - Send one server per tables to set up for Dinner

5:30pm - Dinner in the Dining Hall

6:30pm - Village Free Time (own activities/ceremonies)

8:30pm - Campfires in designated locations

## **Sunday**

7:45am - Send one server per table to set up for Breakfast

8:00am - Breakfast at the Dining Hall

**9:30am - Activities Open**

**12:15pm - Activities Close**

1:00pm - Departure

# YMCA Policies

## Payment Terms

The group must send a \$100 date reserve deposit to book a trip. 60 Days prior to the trip, or as indicated on the contract, a non-refundable deposit (10% of the total amount) in due. **Complete payment is due approximately 30 days prior** to your event as noted in Section 10 of the Contract Agreement. **Changes must be communicated at least 10 days prior to the event date**, and the final contracted bill will not be adjusted after that. This means that if participants do not arrive on the date, a refund will not be given.

## Fires

Campfires are scheduled for a designated campfire area on camp, as dictated by our burn permit.

The following areas are designated campfire areas:

Sioux Council Ring	Cottage Campfire Ring
Amphitheatre Ring	Cherokee Beach Ring
Main Beach	Tickwogh Ring

Under no circumstances should a fire be built directly on grass or dirt. All fires must be properly extinguished. *Violation of this policy will result in a minimum of a \$100.00 fine per fire. Please help us protect our natural environment.*

Gas, charcoal grills, and raised fire pits may be used and should be attended at all times by an adult. During dry conditions, restrictions may be placed on use of charcoal grills. Fireworks are not permitted on Tockwogh grounds.

## Transportation/Vehicles

The speed limit on Tockwogh roads is 15mph. **Under no circumstances should children be transported in the backs of pick-up trucks** or anywhere where a seatbelt is not available. Guest vehicles are not permitted at Tockwogh waterfronts. Bikes are welcome and encouraged, but are not permitted on the steep hills down to the waterfronts or climbing wall.

## Alcohol/Tobacco

The possession or use of alcohol by any member of a group that includes children or young adults is prohibited at YMCA Tockwogh. *No one* may bring, possess, or consume alcohol in the public areas of camp including, but not limited to Sharp Dining Hall, athletic fields, courts, and program areas.

Smoking and Tobacco use is prohibited on YMCA property. Adults who must smoke must do so off camp property, beyond the entrance gate. Please make sure that cigarettes are completely out before disposing of them in a trashcan.

## Conduct

Groups should respect the quiet hours between 11 PM and 7 AM. Groups shall leave the facilities in as good a state and condition as they were in the beginning of the use period. In the event of damage to the buildings and/or facilities, groups are responsible for the cost of repairs.

## Personal Property

YMCA Tockwogh assumes no responsibility for personal property brought into the facilities by any person. Persons bringing personal property in to the YMCA facilities assume all risks with respect to that property. We do not keep a Lost & Found.

## Hazardous Weather Conditions:

### *Major Storm/Lightning*

- A loud, long “ambulance siren alert” will sound across the camp. Upon the warning, move to an indoor shelter immediately, but do NOT cross open fields.
- We maintain a 30 minute safety period after any lightning strike. Once the storm has passed and it is safe to return outdoors, there will be an “all clear” alert that will sound across the camp. (This alert sounds similar to a sports end-of-period buzzer.)

## Phones

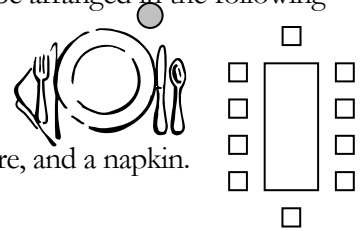
There is a phone for conference participant use in the lobby of Sharp Dining Hall. You can make local calls for free or long distance calls with a calling card or by dialing collect. Cell phone reception is very location and weather dependant here. Please put your cell phone on silent or vibrate while in camp out of respect for those who come to camp to get away from these distractions.

# Dining Hall Procedures

Meals are served family style. To ensure a smooth and enjoyable dining experience, we have some basic meal guidelines. Please notify Tockwogh staff if participants from your group intend on missing meals, so we can plan our portions accordingly so as to avoid excess waste.

## 15 Minutes Prior

- 1 to 2 waiters for each table should arrive 15 minutes prior to the start of the meal to set the tables. (Meal times are: 8:00 AM breakfast, 12:30 PM lunch, 5:30 PM dinner.) A YMCA Staff member will be stationed at the Dining Hall for guidance.
- Chairs should be taken down and arranged neatly around the table. (Four to each long side, one at each short end.) Tables and place settings should be arranged in the following manner:



- Each table should have salt, pepper, and a napkin dispenser.
- Each place setting should have a plate, cup, necessary silverware, and a napkin.

## After Announcements/Grace

- Waiters should get the hot food items from the racks and take it to their table. One tray is prepared for each table. Food should be unloaded from the tray which can then be returned to the racks.
- Milk will be available at Breakfast and Dinner.
- If tables need additional food, the waiter should go to the appropriate window in the breezeway with the empty serving dish to get it filled.
- Dessert will be available at lunch and dinner.

## At the End of the Meal

- Serving bowls and serving utensils should be placed on a tray on one of the metal racks at the front of the Dining Hall. A YMCA Staff member will be stationed here to assist the waiters.
- Plates, cups, and bowls should be brought to the dish room window. Plates should be scraped into the trash cans and cups placed upside down in the cup rack..
- Silverware should be separated, and brought to the dish room window. Silverware should be put into the appropriately marked bin located to the right of the window.
- Beverage pitchers should be returned to the beverage window, and milk cartons should be returned to the metal cart in the front of the Dining Hall.

## Once the Tables are Cleared

- Each table should be wiped clean with a cloth.
- Chairs should be stacked at either end of the table. Five chairs should go in each stack.
- The floor should be swept around the tables.

Your activity staff are also your dining hall staff, so please assist them in any way possible to ensure that clean-up is quick and staff can return to activities in a timely manner, in keeping to the schedule.

# Cabin Assignments

When your group is booked, you will be assigned to a series of cabins based on your estimated attendance. These may be altered due to the need to accommodate other Y Guide groups, but you will be notified if this is the case. The following is a list of our cabins and their capacities to aid you in making your cabin assignments.

<b>Algonquin T=69</b>		<b>#</b>
1	Delaware	7
2	Creek	12
3	Shawnee	10
4	Nanticoke	10
5	Conoy	10
6	Lenape	10
7	Mohican	10

<b>Sioux T=60</b>		
8	Osage	12
9	Ponca	12
10	Mandan	12
11	Iowa	12
12	Omaha	12

<b>Cherokee T=20</b>		
13	Teton	8
14	Aztec	8

+4 (middle room)

<b>Iroquois T=91</b>		
15	Old Erie	7
16	Tuscaroras	12
17	Oneida	12
18	Wyandot	12
19	Onandaga	10
20	Cayuga	12
21	Seneca	12
22	Erie	12

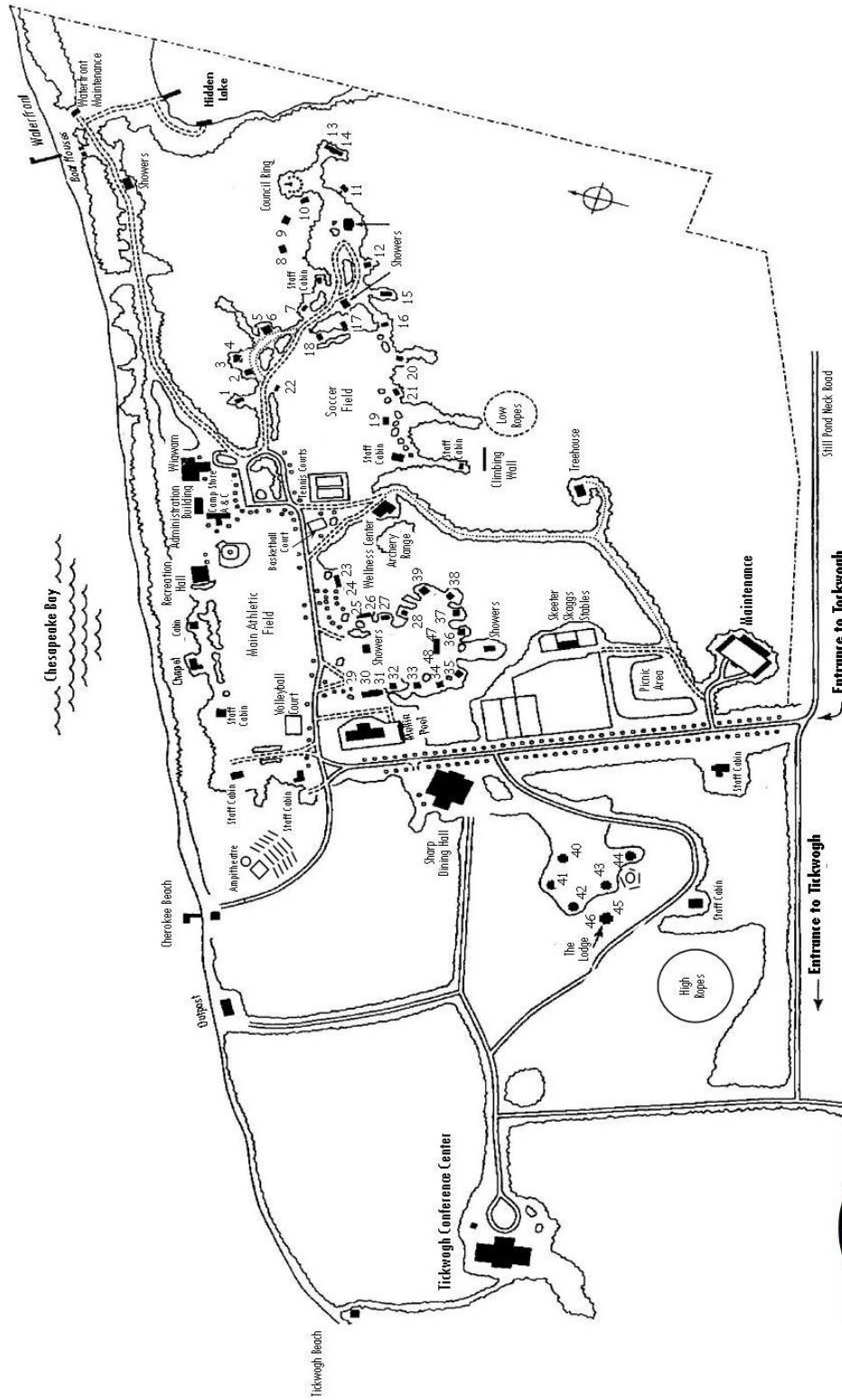
<b>Chickasaw T=118 (+4)</b>		
23	Seminole	8
24	Chippewa	8
25	Otoe	10
26	Otari	10
27	Tunica	12
28	Comanche	12
29	Wadi	10
30	Tsiskwa	10
31	Sahani	10
	Inca	2
	Minqas	2
47	Catawba	8
48	Shoshone	8

+4 (middle room)

+4 (middle room)

+4 (middle room)

<b>Ute T=96</b>		
32	Arapaho	12
33	Apache	12
34	Cheyenne	12
35	Blackfoot	12
36	Crow	12
37	Potomac	12
38	Hopi	12
39	Susquehanna	12



**YMCA Tockwogh  
Camp and Conference Center**  
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Worton, MD 21678  
410-348-6000  
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<b>ALGONQUIN VILLAGE</b> 1—Delaware 2—Creek 3—Shawnee 4—Nanticoke 5—Conoy 6—Lenape 7—Mohican	<b>SIoux VILLAGE</b> 8—Osage 9—Ponca 10—Mandan 11—Iowa 12—Omaha	<b>IRIQUOIS VILLAGE</b> 15—Old Erie 16—Tuscaroras 17—Oneida 18—Wyandot 19—Onandaga 20—Cayuga 21—Seneca 22—Erie	<b>CHICKASAW VILLAGE</b> 23—Seminole 24—Chippewa 25—Otoe 26—Ojibwa 27—Tunica 28—Comanche 29—Wadi 30—Tsiskwa 31—Sahani	<b>UTE VILLAGE</b> 32—Arapaho 33—Apache 34—Cheyenne 35—Blackfoot 36—Crow 37—Potomac 38—Hopi 39—Susquehanna 47—Catawba 48—Shoshone	<b>NAVAJO VILLAGE</b> 40—Elm 41—Dogwood 42—Chestnut 43—Beech 44—Aspen	<b>PAWNEE VILLAGE</b> 45—Fir 46—Ginkgo
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