YMCA of Delaware

# IMPACT REPORT 2025

## UNLEASHING THE POWER OF TEAMWORK

Dear Friends,

At the YMCA of Delaware, we believe the greatest impact happens when people come together. Every day, we see what's possible through the collective efforts of our staff, donors, partners, and volunteers—working side by side to strengthen communities across our state.

While many know the Y as a place to swim or work out, our impact reaches far beyond our walls. In 2025, we continued to be a place where young people found direction, families built healthier habits, and individuals of all ages discovered connection, purpose, and belonging. From early learning and summer camp to teen programs, workforce development, community health, and supportive housing, the Y is helping people move forward, together.

The year 2025 also marked an important step forward as we prepared for the launch of our Early Learning Academy, which officially opened in 2026. Throughout the year, we invested significant time and resources into bringing this vision to life—helping address a critical need in our community by expanding access to high-quality, affordable early childhood education. It's one more way we are investing in youth and supporting families when it matters most.

This Annual Report celebrates those moments. It reflects what happens when access meets opportunity and communities rally around one another to create meaningful change.

Guided by our three core promises—to ensure every youth is on a path to success, to improve health and well-being for all, and to unite communities and inspire service to others—we remain focused on building a stronger, more connected Delaware.

None of this work happens alone. It is made possible by you, your generosity, your partnership, and your belief in the Y. Together, we are UNLEASHING THE POWER OF TEAMWORK.

As we look ahead, we are energized by what we can continue to accomplish. Thank you for being part of this work and for helping us make a lasting impact.

With gratitude,

Jarrett Royster,
President & Chief Executive Officer

Alexis and Anaiah Grainger get a first look at the new YMCA Early Learning Academy.

**VISION:**
A healthy, inclusive community where all people reach their full potential.

**MISSION:**
To empower youth, foster healthy living, and promote strong communities.

# MISSION IN ACTION

## MEET THE SEA GALS

What began as a beginner pickleball class at the YMCA, turned into a lasting friendship for 14 active women who call themselves the Sea Gals.

Hailing from several different states, the group connected instantly—cheering each other on, laughing through mishaps, and sharing life stories. Their name came from a happy moment together, and it stuck, symbolizing the joy and camaraderie they found in one another.

Now, they meet regularly to celebrate birthdays, enjoy games, and support each other through life's ups and downs. Whether it's celebrating milestones or helping a friend during a difficult time, these women show how meaningful friendships can grow later in life.

For the Sea Gals, the Y has become more than a place to stay active—it's where lasting connections are made.

"Even meeting one friend can just change your world, and this absolutely changed it for me." – Trisha Saternow

From their 60s to 70s, the Sea Gals are living proof that community, laughter, and friendship thrive at every stage of life.

**Scan the QR code to hear the Sea Gals share their story.**

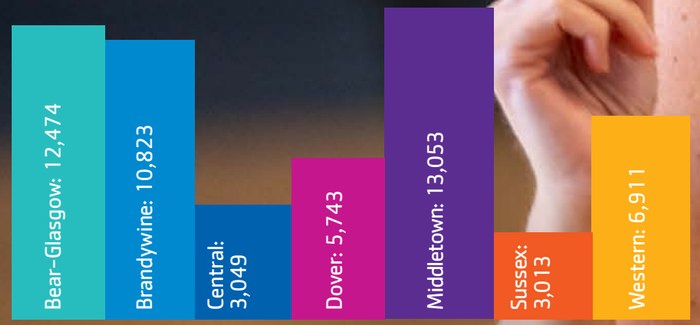
# 2025 IN REVIEW

**$7.1 MILLION**
**IN FINANCIAL ASSISTANCE**
connected **21,237** children, teens, and adults to YMCA memberships and transformative programs.

**114,306**
**LIVES IMPACTED**
through membership and programs.

**2,987**
**DONORS**
helped ensure everyone had access to the YMCA.

**2,099**
**EMPLOYEES** full & part-time) worked side-by-side to make meaningful impact.




**Membership** (As of December 2025)

A YMCA member enjoys getting stronger, healthier, and more connected during a group exercise class at the Brandywine YMCA.

## Financial Assistance

MEMBERSHIP: $3,073,847

BEFORE & AFTER SCHOOL CARE: $1,934,375

EARLY LEARNING: $96,551

HEALTHY LIVING PROGRAMS: $422,960

SUMMER DAY CAMP: $925,213

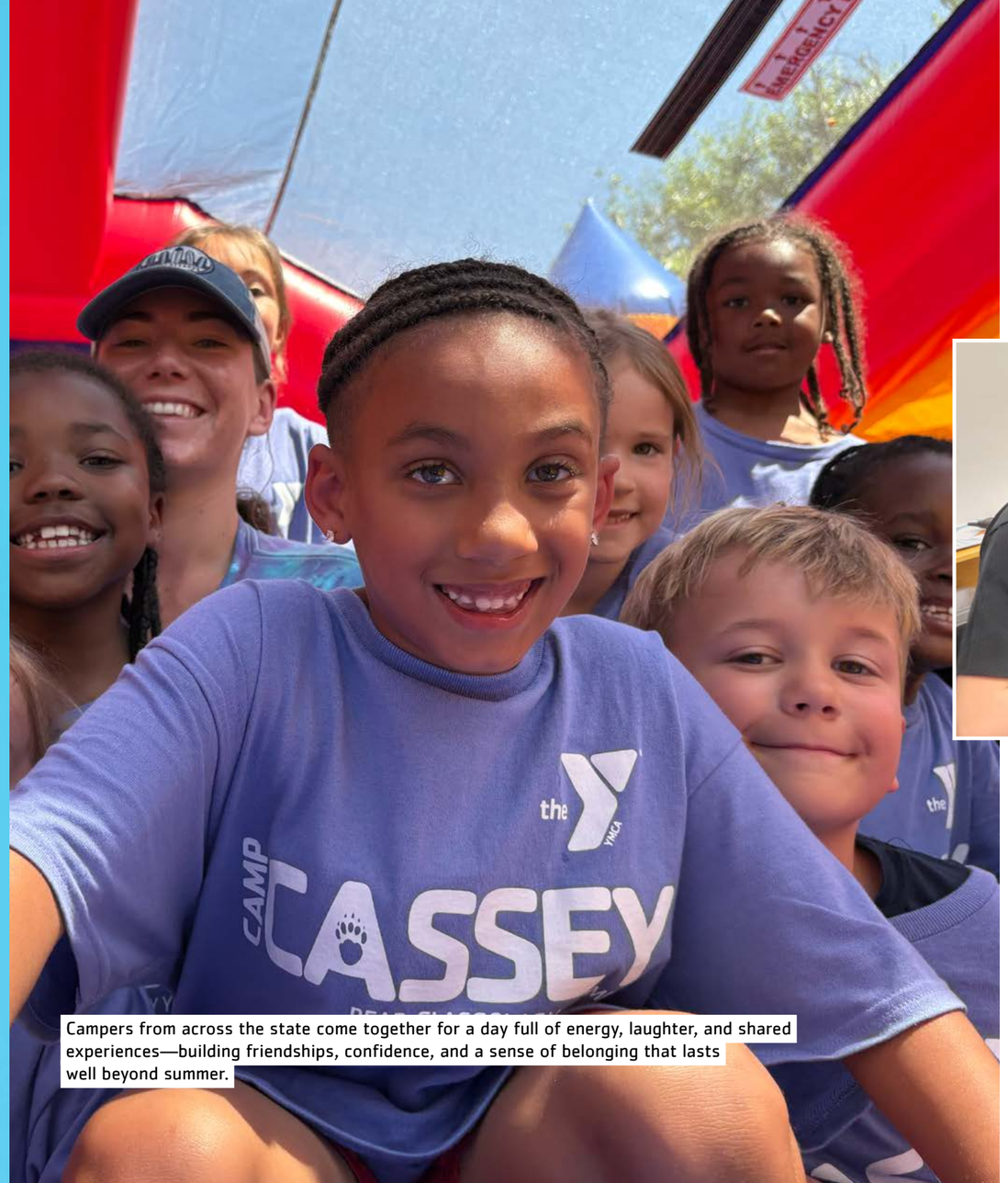
CAMP TOCKWOGH: $324,931

HOUSING: $301,070

AQUATICS: $57,560

YOUTH SPORTS & ENRICHMENT: $15,335

# ENSURING YOUTH ARE ON A PATHWAY TO SUCCESS




Campers from across the state come together for a day full of energy, laughter, and shared experiences—building friendships, confidence, and a sense of belonging that lasts well beyond summer.

At the YMCA of Delaware, we're committed to helping every child reach their full potential. Each year, we serve thousands of young people—nurturing confidence, sparking curiosity, and building resilience along the way. Through programs like Summer Camp, After School Enrichment, Youth in Government, and Workforce Development, we create safe, supportive environments where Delaware's next generation can learn, grow, and lead.

*Photo: Teens at the Walnut Street YMCA Summer Camp dive into hands-on STEM learning.*

## PROVIDING SAFE SPACES WHERE YOUTH CAN THRIVE

Youth who are involved in positive out-of-school activities are less likely to engage in negative behaviors.

**12,472 TEENS** were given the opportunity to be active, gain skills for future success, and form positive relationships with supportive adults who believe in their potential.

## PREVENTING LEARNING LOSS

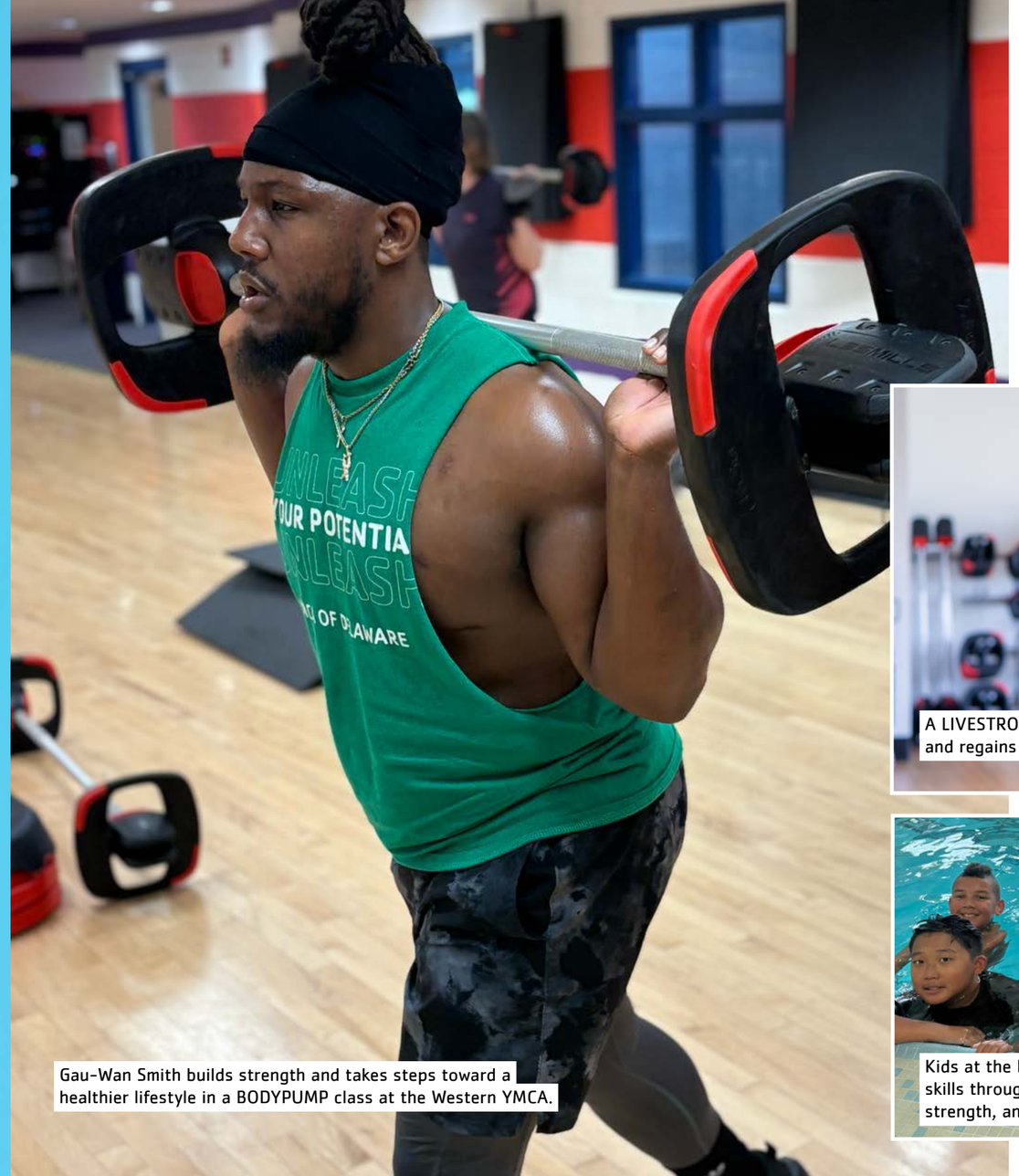
59% of students (grades 3-8) are not proficient in English Language Arts; 69% are not proficient in Math.*

**1,195 CHILDREN** participated in before and after school programs where they could grow, develop healthy habits and thrive. $2 MILLION in Open Doors financial assistance ensured that 1 in 2 of the children enrolled had the financial support needed to attend.

**4,889 CAMPERS** had the opportunity to discover the joys of the outdoors, learn new skills, and build lasting friendships at YMCA of Delaware summer camps. $1.3 million in YMCA Open Doors financial assistance gave 1 in 5 campers access to the best summer ever.

*Source: Delaware Department of Education

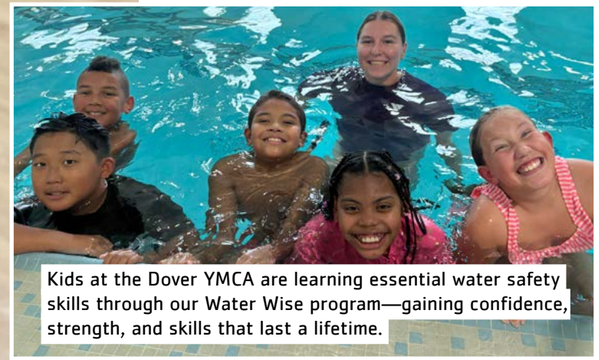
# IMPROVING HEALTH AND WELLBEING




Gau-Wan Smith builds strength and takes steps toward a healthier lifestyle in a BODYPUMP class at the Western YMCA.

At the YMCA of Delaware, health is more than a personal goal — it's something we build together. Our programs span every stage of life, from teaching children lifesaving water skills through Water Wise, to helping older adults stay sharp with BrainSavers. Along the way, we support chronic disease prevention, healthy aging, blood pressure management, and so much more. Whatever brings you through our doors, you'll find a welcoming community ready to help you live better.

A LIVESTRONG® at the YMCA participant builds strength and regains confidence at the Middletown YMCA.



Kids at the Dover YMCA are learning essential water safety skills through our Water Wise program—gaining confidence, strength, and skills that last a lifetime.

## BUILDING HEALTHIER COMMUNITIES

**2 IN 3 DELAWARE ADULTS** suffer from a chronic health condition.

**879 ADULTS** had the opportunity to improve their well-being and make lasting lifestyle changes through supportive YMCA community health programs like LIVESTRONG®, Diabetes Prevention, Blood Pressure Self Monitoring, and BrainSavers.

**114,306 YOUTH & ADULTS** found a community of belonging and opportunities to improve their well-being through YMCA membership and programs.

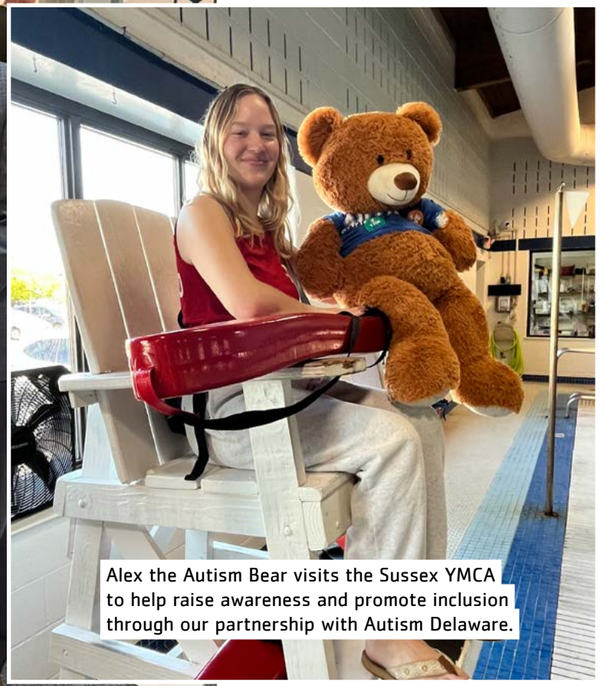
## KEEPING KIDS SAFE AROUND WATER

**4,387 CHILDREN** participated in YMCA swim and community water safety lessons. More than 8,582 sessions were delivered across the state to help build confidence and teach critical life-saving skills.

Water Wise is the YMCA of Delaware's free water safety program for kids ages 3–17. In 2025, it served **838 CHILDREN**, focusing on under-served communities and teaching essential skills to prevent drowning.

# UNITING COMMUNITIES & INSPIRING SERVICE TO OTHERS

Youth in Government student Arianna Li is recognized by Senator Sturgeon as the 2025 Youth Governor — a testament to the power of community investment and what becomes possible when we inspire young people to serve others and lead with purpose.



Alex the Autism Bear visits the Sussex YMCA to help raise awareness and promote inclusion through our partnership with Autism Delaware.

Community isn't something the YMCA of Delaware just talks about, it's something we build every single day. When staff, volunteers, donors, and members show up for one another, something powerful happens: neighborhoods grow stronger, barriers come down, and people discover what they're truly capable of. We create spaces where belonging isn't an afterthought — it's the foundation. Through volunteerism, advocacy, and hands-on social services, we invest in the belief that every person has something to contribute and everything to gain from a community that sees their worth. When we serve others, we all rise.

## CREATING OPPORTUNITIES

EVERYONE is welcome at the YMCA regardless of age, income, or background.

**165 MEN** accessed supportive housing and wraparound services at our Central YMCA Residence in Downtown Wilmington to support their journey toward improved health, financial stability, and greater independence.

**1,063 YOUNG ADULT EMPLOYEES**, ages 16-24, gained invaluable workplace experiences, a competitive wage, and the opportunity to make a difference in their community.

## COMBATING SOCIAL ISOLATION

Nearly 1 in 4 adults aged 65 and older are socially isolated.*

**9,299 OLDER ADULTS** chose the YMCA as their community — participating in programs and activities that support healthy aging, independence, and connection.

*Source: Centers for Disease Control and Prevention (CDC)

At YMCA Camp Tockwogh, every climb is a step toward confidence, independence, and growth.

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Melinda Gillespie representing the future of leadership as a Youth in Government Associate Justice at Legislative Hall in Dover.

# OUR DONORS

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**$350,000+**

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State of Delaware

## HEROES
**$100 – 250K**

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Barclays Bank Delaware

ChristianaCare Office of Health Equity

Crystal Trust

YMCA of the USA

## DIFFERENCE MAKERS
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Points of Light – Lowe's Hometowns Partners

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YMCA Camp Tockwogh campers cool off in the pool.

Building STRONG communities at the Sussex YMCA Fall Festival.

This Harry Potter–inspired family brought a little extra magic to Trunk or Treat at the Western Family YMCA.

Campers at YMCA Camp Tockwogh build lasting friendships, gain confidence, and experience the joy of outdoor adventure in a supportive environment.

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House Democrats
Howard and Katherine Ohline
International Longshoreman Assoc.
James and Carolyn Ryan

Campers at the Walnut Street YMCA staying active and engaged in the gym where play, teamwork, and energy come together each day.

Emily Overvliet enjoys quality time with her children at the Western Family YMCA.

Two young builders at the Dover YMCA bring creativity to life as they design and construct their cardboard boat for the inaugural Cardboard Boat Regatta.

Kristina Schneider, Senior Child Development Director at the Middletown YMCA, shares a moment of creativity and connection with a young participant at Healthy Kids Day.

Janice Underwood and Angel Morales
Jayne Bell
Jeffrey and Kathryn Kline
Jenn McPherson
Jennifer Twining
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Jill Stafford
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Pickleball players at the Sussex YMCA show their support for autism awareness alongside Alex the Autism Bear.

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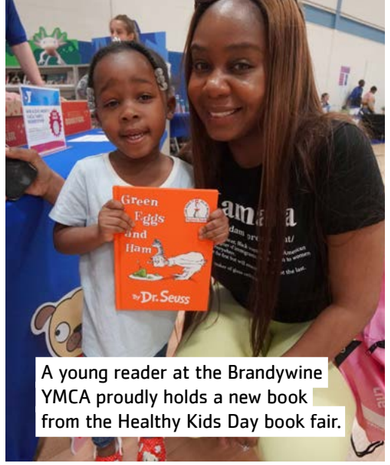
Stefanie and William Bowden
Stephen Lex
Steven Director
Susan Leinbach
Susan M. Dahms
Tekstrom, Inc.
Teresa Armstrong and Shera Jessee
Terry L. Smith
Texas Roadhouse
The Cowperthwait Family
The Boeing Gift Matching Program
The Holistic Coach, LLC
The Honorable Ferris W. Wharton
The John Dickinson School
The Journey
Theresa Gavin
Thomas Parvis
Tiea Theurer
Timothy and Debbie Travers
Timothy Keefe
TJ Hamilton
Todd Stonesifer
Tracy Miller
Travis Olszewski and Lauren Jumper
Troy A Williams Sr
True Fitness Techonology, Inc.
Tunnell and Raysor, P.A.
Valerie Cohen
Veronda Archer
Victoria Le Vine
Vince and Paula DeCarlo
Virginia Appleby
Wendy S. Shilobod
Wes McAfee



A young reader at the Brandywine YMCA proudly holds a new book from the Healthy Kids Day book fair.

Staff and volunteers gear up for the annual Great Human Race and International Food Festival at the Western YMCA.

Staff at the Bear-Glasgow YMCA bring creativity and community spirit to life during their annual Trunk or Treat celebration.

Campers at YMCA Camp Tockwogh take the helm—building skills, teamwork, and unforgettable memories out on the water.

# HERITAGE SOCIETY

## PRESERVING THE YMCA FOR FUTURE GENERATIONS

The YMCA of Delaware's Heritage Society honors those who have made a lasting impact at the YMCA through planned giving. Membership in the Heritage Society simply requires a commitment of a gift, now or in the future, ensuring the YMCA of Delaware is strong for future generations. With your support, the YMCA can help safeguard youth development, healthy living, and, social responsibility in our communities.

**To learn more visit www.ymcade.org/give.**

Allison Knapp
Andrew Bedwell
Angel Morales-Aponte
Anthony Boyd-Heron
Audrie Amimo
Barbara Roemer
Bryan Colmery
Carl Kanefsky
Carl Wolaver
Carol Young
Carol Say
Courtney Ford
Courtney Hoy
Cynthia Woolley
D. Hunt Hendrickson
David and Carolyn Nierenberg
Diana Foster Jones and Thomas Jones
Diane Scobey
Doris Schnee
Douglas McPhail Jr.
Eleanor Lewin
Elizabeth and Regan King
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Erik and Sandie Nierenberg
Eugene McGowan Jr.
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Geoffrey and Alice Sawyer
George White
Gregory Williams
Gwynn Lyell III
H. Rodney Sharp III
Holly Diehl
Howard and Katherine Ohline
James Bainbridge
James Erskine III
James Long
Janet Autenrieth
Janet LeClercq
Jean Mullin
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Jesus De Las Salas & Cristian Rojas
Jill Confer
Jimia Redden
Joanna Cline & Lawrence Shiekman
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Michael Price
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Rachel Lewis
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Robert Grove
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Robert and Susan Hurka
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Sarah Deardorff
Sharon Hunt
Steven Director
Steven Witsil
Steven and Wendy Nierenberg
Susan Lore
Tanya Kerns
Tara Matthews
Teresa & Mayer Falk
Thurl Holbert
Tyjanea Harper
William Schab
Xiaoyi Sopko

FINANCIALS

Campers at Dover YMCA Camp Voyager have a little outdoor fun.

## CONSOLIDATED STATEMENT OF ACTIVITIES

| DIRECT REVENUE | 2025 Without Donor Restrictions | 2025 With Donor Restrictions | 2025 Total | 2024 Total |
|---|---|---|---|---|
| Contributions | 1,983,510 | 1,119,400 | 3,102,910 | 5,736,137 |
| Government Fees & Grants | 11,788,317 | 652,000 | 12,440,317 | 9,807,014 |
| Membership | 25,218,425 | | 25,218,425 | 23,991,958 |
| Program Fees | 16,291,162 | | 16,291,162 | 15,651,142 |
| Investments | 2,298,071 | 29,203 | 2,327,274 | 1,725,702 |
| Other Revenue | 762,458 | 786,569 | 1,549,027 | 1,243,255 |
| Net Assets Released from Restrictions | 4,160,449 | (4,160,449) | | |
| **Total Revenue** | **62,502,392** | **1,573,277** | **60,929,115** | **58,155,208** |
| **EXPENSES & CHANGE IN NET ASSETS** | | | | |
| Program Services | 49,143,030 | | 49,143,030 | 47,546,386 |
| Supporting Services | 8,325,862 | | 8,325,862 | 7,931,730 |
| Total Expenses | 57,468,892 | | 57,468,892 | 55,478,116 |
| Change in Net Assets from Operations | 5,033,500 | (1,573,277) | 3,460,223 | 2,677,092 |
| Non-operating Activity | (725,624) | | (725,624) | 886,603 |
| Change in Net Assets | 4,307,876 | (1,573,277) | 2,734,599 | 3,563,695 |

## CONSOLIDATED STATEMENT FINANCIAL POSITION

| ASSETS | 2025 | 2024 |
|---|---|---|
| Cash and Equivalents | 13,621,216 | 11,439,987 |
| Accounts Receivable, Net | 778,270 | 832,967 |
| Prepayments and Other Assets | 673,114 | 894,405 |
| Investments | 14,496,404 | 13,276,046 |
| Restricted Assets | 1,087,792 | 1,161,820 |
| Beneficial Interest in Perpetual Trusts | 6,725,614 | 5,939,044 |
| Net Land, Buildings & Equipment | 69,914,046 | 70,595,543 |
| Right-of-Use Assets | 1,822,537 | 1,779,242 |
| Contributed Use of Facility | 5,022,001 | 5,182,255 |
| Other Assets | 311,523 | 1,043,332 |
| **TOTAL ASSETS** | 114,452,517 | 112,144,641 |
| **LIABILITIES & FUND BALANCE** | | |
| Accounts Payable & Accrued Expenses | 2,363,678 | 2,119,604 |
| Deferred Revenue | 1,122,936 | 1,133,557 |
| Operating Lease Liabilities | 1,004,994 | 180,509 |
| Finance Lease Liabilities | 840,665 | 1,686,114 |
| Notes Payable | 5,753,348 | 5,682,548 |
| Bonds Payable, Net | 32,946,915 | 33,657,427 |
| Other Liabilities | 261,255 | 260,755 |
| **Total Liabilities** | **44,293,791** | **44,720,514** |
| **Total Net Assets** | **70,158,726** | **67,424,127** |
| **Total Liabilities & Net Assets** | **114,452,517** | **112,144,641** |

Cooking up confidence, creativity, and fun at Dover YMCA Summer Camp!

# YMCA OF DELAWARE
# LOCATIONS

**BEAR-GLASGOW FAMILY YMCA**
351 George Williams Way
Newark, DE 19702
(302) 836-9622

**BRANDYWINE YMCA**
3 Mount Lebanon Road
Wilmington, DE 19803
(302) 478-9622

**CENTRAL YMCA**
501 West Eleventh Street
Wilmington, DE 19801
(302) 254-9622

**DOVER YMCA**
1137 South State Street
Dover, DE 19901
(302) 346-9622

**MIDDLETOWN FAMILY YMCA**
202 E. Cochran Street
Middletown, DE 19709
(302) 616-9622

**SUSSEX FAMILY YMCA**
20080 Church Street
Rehoboth Beach, DE 19971
(302) 296-9622

**WESTERN FAMILY YMCA**
2600 Capitol Trail
Newark, DE 19711
(302) 709-9622

**WALNUT STREET YMCA**
(Youth Development Center)
1000 North Walnut Street
Wilmington, DE 19801
(302) 472-9622

**YMCA CAMP TOCKWOGH**
24370 Still Pond Neck Road
Worton, MD 21678
(410) 348-6000

**ASSOCIATION OFFICE**
100 W. 10th Street
Suite 1100
Wilmington, DE 19801
(302) 571-6908

When you **give to the Y**, you support critical programs and services for young people, adults, and families who need them the most. Visit www.ymcade.org/give to donate today.