



PUMPKIN 5K & FAMILY HEALTH FESTIVAL BEAR-GLASGOW Y

- 🎃 5k Run/Walk
- 🎃 Family Health Festival
- 🎃 Kiddie "K"
- 🎃 Music
- 🎃 Inflatables
- 🎃 Face Painting
- 🎃 Balloon Twisting
- 🎃 Awards & Prizes for Runners
- 🎃 Costume Contest
- 🎃 Food & Healthy Vendors



There's no better way to celebrate Halloween than at the Pumpkin 5K and Family Health Festival, a FUN event for the whole family. The event will be held on Saturday, October 26, at the Glasgow Park and Bear-Glasgow Y, and is presented by the Bear-Glasgow Family Y and AARP.

SCHEDULE OF EVENTS OCTOBER 26, 2019

10am: Race Registration at Glasgow Park

11am: 5K Run/Walk at Glasgow Park

11am-2pm: Family Health Festival at Bear-Glasgow Y

1pm: Kiddie "K" Start

THE FAMILY HEALTH FESTIVAL IS FREE AND OPEN TO THE COMMUNITY!



REGISTER TO PARTICIPATE AT WWW.PUMPKIN5K.ORG