



DOVER DOLPHINS

FALL 2020 SWIM TEAM PRACTICE DETAILS

Academy | 5-12 years of age

Monday & Wednesday 5-5:45pm or Monday & Wednesday 6-6:45pm

- **COVID Registration Limit** | 11 swimmers per group.
- \$30 down payment ; \$95 per month
- Full Youth Membership to the Y not included
- Practices hosted in the 4-lane pool

Bronze | 6-12 years of age

Tuesday & Thursday 5:30-6:45pm & Saturday 11:30am-12:30pm

- **COVID Registration Limit** | 11 swimmers.
- \$45 down payment ; \$135 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Practices hosted in both our 4-lane & 8-lane pools.

Silver | 7-12 years of age

*Monday 7-8:30pm; Wednesday 7-8:30pm; Friday 7-8:30pm;
Saturday 10-11:30am*

- **COVID Registration Limit** | 11 swimmers.
- \$45 down payment; \$185 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Practices will be hosted in our 8-lane pool

Gold | 9-14 years of age

Monday 5:30-7pm; Tuesday 4:30-6pm; Friday 7-8:30pm; Saturday 8:30-10am

- **COVID Registration Limit** | 15 swimmers.
- \$45 down payment; \$185 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Tuesday, Friday & Saturday practice will be hosted in our 8-lane pool. Practice location for Monday is still being determined.

Platinum | 11-18 years of age

*Monday 7-8:30pm; Wednesday 7-8:30pm; Thursday 4:30-6pm;
Saturday 2-4:45pm; Sunday 4:30-6pm.*

- **COVID Registration Limit** | 15 swimmers.
- \$45 down payment ; \$210 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Practices on Monday, Wednesday, Thursday & Sunday will be in the 8-lane pool. Practice location for Saturday is still being determined.

Jr. National | 13-18 years of age

*Monday 4-5:30pm; Tuesday 7-8:30am; Wednesday 4-5:30pm;
Thursday 7-8:30pm; Friday 4-5:30pm; Saturday 2-4:45pm*

- **COVID Registration Limit** | 7 swimmers.
- \$45 down payment ; \$225 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Practices Monday-Friday will be hosted in the 8-lane pool. Practice location on Saturday is still being determined.

National | 14-18 years of age

*Monday 4-5:30pm; Tuesday 6:30-8:30pm; Wednesday 4-6pm;
Thursday 6:30-8:30pm; Friday 4-6pm; Saturday 2-4:45pm*

- **COVID Registration Limit** | 7 swimmers.
- \$45 down payment ; \$250 per month
- Full Youth Membership to the Y included for the registered swimmer.
- Practices Monday-Friday will be hosted in the 8-lane pool. Practice location on Saturday is still being determined.