

BEAR-GLASGOW FAMILY YMCA GYM SPRING MAY- JUNE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY													
	A	B	A	B	A	B	A	B	A	B	A	B	A	B												
5:00	5:00am – 8:00am Open Gym		5:00am – 8:45am Open Gym		5:00am – 8:00am Open Gym		5:00am – 8:00am Open Gym		5:00am – 8:00am Open Gym		CLOSED		CLOSED													
6:00											6:00am-8:00am Open Gym		6:00am-9:45am Open Gym													
7:00																										
8:00	Cleaning		Cleaning		Cleaning		Cleaning		Cleaning		Cleaning															
9:00	8:15am-12:00pm Open Gym		Cleaning		8:15am-12:00pm Open Gym		8:15am-11:30am Open Gym		8:15am-12:00pm Open Gym		8:15am-12:00pm Open Gym		Cleaning													
10:00			9:00am – 12:00pm Adult Pickleball										10:00am-12:00pm Open Gym													
11:00																										
12:00	Cleaning		Cleaning		Cleaning		11:30am-12:30pm Open Gym	11:30am-12:30pm Adult Pickleball Class	Cleaning		Cleaning		12:00pm – 2:00pm Adult Pickle Ball													
1:00	12:15pm-4:00pm Open Gym		12:15pm-4:00pm Open Gym		12:15pm-4:00pm Open Gym		Adult Pickleball 12:30pm – 4:00pm		12:15pm-4:00pm Open Gym		12:15pm-2:45pm Open Gym	12:15pm-2:45pm Youth Open Gym														
2:00											Cleaning															
3:00											Cleaning															
4:00	Cleaning		Cleaning		Cleaning		4:00pm-5:00pm Adult Pickleball Class		Cleaning		3:00pm-5:45pm Open Gym		2:15pm-5:45pm Open Gym	2:15pm-5:45pm Youth Open Gym												
5:00	Open Gym 4:15pm-5:00pm		Open Gym 4:15pm-5:00pm		4:15pm-8:45pm Youth Open Gym		Youth Sports Class 5:00pm-8:45pm		4:15pm-6:30pm Open Gym				Cleaning													
6:00	Youth Sports Class 5:00pm-6:30pm		Youth Sports Class 5:00pm-7:00pm										Adult Pick-Up Basketball 18 and Up 6:30pm-8:45pm				Cleaning									
7:00	Adult Pick-Up Basketball 18 and Up 6:30pm-8:45pm	Adult Pick-Up Volleyball 18 and Up 6:30pm-8:45pm	Open Gym 7:00pm-8:45pm														Cleaning									
8:00																										
9:00	Cleaning																		Cleaning		Cleaning		Cleaning		Cleaning	



Gym Schedule is subject to change at any time.

OPEN GYM: All Ages, Children 11 & under must be supervised at all times.

YOUTH GYM: Open for Children and Teens Ages 12 -17 ADULT PICKUP: Ages 18 +

Bear Glasgow Family YMCA Facility Hours

Mon - Fri: 5 am - 9 pm

Sat - Sun: 6am - 6pm