

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# PROGRAM INFORMATION

# Parent Handbook Addendum

Camp Wassaqui - Summer Day Camp



# Western Family YMCA - Camp Wassaqui

This program serves children who have completed Kindergarten through 10<sup>th</sup> grade. Our program is accredited by the American Camp Association. We are located at 2600 Capitol Trail Newark, Delaware 19711.

## **General Information**

#### **Hours of Operation**

The typical camp day is 9:00 AM to 4:00 PM. All campers enrolled in the program are expected to attend for the entire camp day. This allows YMCA staff to properly account for all campers and their whereabouts prior to the start of the camp day and ensures campers have the opportunity to participate in all activities.

Extended camp hours are available. Our AM/PM Care is open for campers from 7:00 AM to 9:00 AM and 4:00 PM to 6:00 PM. Our extended camp is supervised by the camp staff and campers have a choice of centers and other activities to participate in while in care.

#### **Contact Info and POC Site Numbers**

While we encourage parents to use our ProCare application for quick questions for staff, the contact information for our site is listed below:

Contact Number	POC Site Number
Registration 302-453-0123	Will be sent to families in early June

#### **Program Activities**

Camp is designed for all campers to explore their interests, try new activities, make lasting friendships, and lifelong memories. This is achieved with the daily schedule for each camp group that is age appropriate. The schedules include a variety of activities including physical activities, arts, science, nature, gardening, character development, literacy, and more to meet the recreational, physical, social, emotional, and educational needs of the campers. We encourage all campers to participate in the activities, please encourage your camper to do so as well. Campers participate in weekly special events which may be a field trip or special event at camp. We strive for all our campers to have fun each day they are at camp!

To ensure the greatest development and enjoyment for your child while they are with us, the children are placed into age groups so all activities may be age-appropriate during the program hours. All activities in which the child participates are supervised and designed to meet the recreational, physical, and educational needs of your child. All activities are conducted by trained staff.

#### **Special Events & Themes**

Specially scheduled activities and events will be announced prior to the event. Costumes, music, stuffed animals, show and tell items have been part of past events. Your involvement, encouraging your child to prepare for these events, is important to the success of these days. Please see the newsletter for details.

#### Field Trips & Special Activities

Throughout the summer age-appropriate field trips and special events are scheduled. Details about all trips and events will be given out in advance. *All campers are required to wear the Y camp shirt on trip days*. All trips are subject to change.

Campers may also participate in special activities while they are in our care. Past activities have included Scout Projects, cooking, youth sports, and group exercise. Additional registrations may be required for these activities. These activities are supervised and run by YMCA staff and/or outside vendors.

#### **Summer Literary**

Our camp staff believe that learning should not end when school does. Campers use their literacy skills throughout the

summer with a variety of age-appropriate activities. A sample of activities include story time, drama activities, poetry writing, word games as well as other activities.

#### **Extending the Summer Camp Experience**

There are several ways to extend the summer camp experience for your child. During the summer, your child may experience a sampling of YMCA programs that might peak his/her interest. These programs may include swimming, sports, karate, dance, art, and other special interest activities. For children who enjoy a particular activity, parents can enroll them in the activity at the YMCA during the school year. In addition, the YMCA runs a before and after school enrichment program. Many of the staff members your child will spend time with also work for this program. Finally, if none of these options are what you are looking for, the YMCA also offers School is Out, a structured, activity-filled day on many scheduled school closing days.

#### **Camp Safety**

At YMCA summer camp, our first concern is the safety of your children while they are in our care. We have the following prevention tools to assure our effectiveness:

- Early dismissal: Parents or guardians are required to sign out their children from camp and may be asked to present identification. Advance notice is helpful. Please be aware, anyone picking up a camper early may have to wait for their child
- Sign-out: Parents or guardians are required to sign out their children from camp and may be asked to present
  identification. Adults must be escorted by YMCA staff to enter camp areas. In the case of thunder and/or
  lightning, staff are not permitted to transport campers outside for safety reasons. Please drive to the same sign
  out location and staff will direct you to where you may safely pick up your camper.
- Every camp has staff trained in CPR, First Aid, and emergency procedures.
- All staff have participated in child protection training and must adhere to strict guidelines regarding their interactions with campers.
- Ellis licensed lifeguards are on duty during all free swims. Campers are evaluated on their individual swimming
  ability on the first day of each session and then given a bracelet identifying their level of swimming ability. During
  free swims, non-swimmers who cannot recover to a standing position will be required to wear a floatation device
  provided by the YMCA.
- All YMCA camps are following enhanced COVID protocols and state & local health guidelines regarding health screening, masks, social distancing, temperature checks, handwashing, and cleaning protocols.

## Your Child's Day

#### **Drop Off Times**

Our drop off time is 7:00 - 9:00 am. Campers must be escorted through the car line and signed in every day. Camp staff will meet you in the car line and help your child find their group. After 9am, campers should be escorted to the camp headquarters office to be signed in with our office staff. Please see below for a map depicting car line locations.

#### **Continuity of Care**

Children that enter our program are enrolled into a specific group with assigned camp counselors. Children will remain in this group for much of the summer. In the absence of the lead counselor for the group, a qualified staff member will be a substitute for that day. If a lead counselor is out for an extended period, a qualified staff member will be assigned to that group for the duration of the absence.

Each group has an attendance sheet & sign in/sign out clipboard that always remain with the staff. This ensures that all children are accounted for throughout the entire day.

#### Pick-Up Times

Our pick-up time is 4:00 - 6:00 PM. You must *sign your child out* each day in the camp car line. Camp staff will help your child gather their belongings and bring them to you. Please bring identification every day when picking up your camper. While

our regular pick-up staff may know you, emergencies or illness may require other staff (who are not familiar with you) to cover sign out. In the case of thunder and/or lightning, staff are not permitted to transport campers outside for safety reasons. Please drive to the same sign out location and staff will direct you to where you may safely pick up your camper. Please see below for a map depicting car line locations.



#### What to Wear

- CLOSED toe and heel shoes. We recommend sneakers are the best choice.
- NO flip flops, sport sandals, or any other kind of sandals. This is for the safety of your camper as well as to ensure they will be able to participate in the activities.
- Comfortable clothing that is appropriate for the weather and able to get dirty.

#### What to Bring

- LABELED bathing suit & towel for swim
- LABELED water bottle
- LABELED sunscreen and/or bug spray
- If a camper is bringing their own lunch, please do not include peanuts/ peanut butter. YMCA cannot refrigerate or heat meals sent from home.
- Campers must bring a LABELED bag to keep belongings in.

#### What to Leave at Home

The YMCA is not responsible for lost, damaged, or stolen items. As such, we strongly recommend that campers bring only items necessary for the specific camp day or activity. The following items are not permitted at camp at any time.

- · Cell phones
- Weapons of any kind
- Personal Property: We are not responsible for the safety of valuable items brought to camp. DO NOT bring Gameboys,

PSPs, DSs, iPods, MP3 players, electronics of any kind.

#### Meals & Snacks

Campers may eat breakfast, lunch, and snack at the Y each day if they are in care at the time of the meal. Our program provides lunch and snack through the Summer Food Service Program (SFSP). Parents may choose to supplement or replace these meals/snacks with items from home. If packing a meal from home, please remember we do not allow peanut products and cannot refrigerate or heat food.

Lunch is served between 11:00 am and 1:00 pm. Please refer to your child's daily class or group schedule in camp headquarters for their lunch time. Should your child miss camp lunch time for a pre-approved reason, please ensure they eat lunch before arrival/returning. Each lunch includes a serving of meat, grain, milk, and two fruits/vegetables. Campers may bring in their own lunch. Such lunches must contain full servings of dairy, meat/protein, grain- and 2 servings of fruit and/ vegetable.

Afternoon snack is served each day after 3:00 pm. Each snack includes water and healthy food choices from at least two food groups. Campers may bring in their own healthy snack.

#### Typical Daily Schedule

Schedules for each group are established by the staff based upon the developmental needs and abilities of the group. These schedules are updated regularly and are available from your Camp Director or Camp Headquarters.

### **Parent Communication**

#### Weekly Update

Weekly newsletters are sent through our ProCare application to keep parents current on information regarding our program. Please take a moment each week to review the camp newsletter. This will keep you up to date regarding your child's participation and involvement in the program, learn about upcoming events and plan for the next week.

#### **Camper Information Changes**

Please ensure that any changes related to your child's attendance, medication or other needs are given to the camp office in writing.

#### Information Sessions

Our camp information sessions provide parents with information regarding the summer, including a calendar of events, activities, or trip information.