Dear Friends,

We are delighted to present the 2023 Annual Report for the YMCA of Delaware, an affirmation of our collective efforts, achievements, and impact throughout the past year. As we reflect on our journey and accomplishments, we are immensely grateful for the unwavering support, dedication, and collaboration of our members, donors, volunteers, staff, and community partners.

In 2023, we identified our most urgent community needs and developed the YMCA of Delaware Promises listed below, which will guide our work in the years to come as well as deepen the Y's reach and impact across our state.

**VISION:**
A healthy, inclusive community where all people reach their full potential.

**MISSION:**
To empower youth, foster healthy living, and promote strong communities.

Ensure every youth and teen we serve is on a pathway to success
We are dedicated to providing a nurturing and empowering environment where young people can thrive academically, socially, and emotionally. Through mentorship, educational support, leadership opportunities, and a wide range of enriching activities, we guide and inspire our youth to set and achieve meaningful goals, build essential life skills, and become confident, responsible, and successful individuals poised for a bright future.

Improve the health and wellbeing of every individual and family we serve
Through our wide range of programs and services including fitness classes, nutritional guidance, mental wellness support, and family activities, we provide comprehensive resources to help our members lead healthy and fulfilling lives. Our inclusive and supportive community fosters a sense of belonging and encouragement, which empowers individuals and families to make positive lifestyle choices and achieve their wellness goals.

Unite communities and inspire service to others
We believe in bringing people together to work toward shared goals. By nurturing a sense of belonging and social responsibility, we empower individuals to make meaningful contributions to their communities, sparking a ripple effect of generosity and compassion. Our commitment to unity and service underscores our belief in the transformative power of collective action, strengthening bonds and creating a brighter future for all.

As we look to the future, we remain committed to our mission of strengthening communities through youth development, healthy living, and social responsibility. We will continue to innovate, adapt, and collaborate to address emerging needs, amplify our impact, and create a brighter, healthier future for generations to come.

Yours in service,

Jarrett Royster,
President & Chief Executive Officer

Enid Wallace-Simms,
Board Chair
MEET RJ

Despite many hardships, RJ’s optimism is striking. Throughout his life, RJ has faced significant adversity, enduring periods of incarceration and homelessness. Most recently, he faced an unimaginable challenge when he lost his leg. Yet, RJ’s spirit remains unbroken.

In November 2023, RJ moved into the Central YMCA Residence in Wilmington, Delaware, where he continued his journey of growth and independence.

This emerging entrepreneur has navigated through life’s most challenging moments in ‘survival mode,’ with a near-death experience and subsequent coma, giving him a profound understanding of life’s value. Now, RJ dedicates himself to producing podcasts and fostering relationships with fellow YMCA residents. His aim is to support their growth and share the lessons he’s learned about resilience, dedication, and the importance of contributing positively to the world.

The Central YMCA Residence program is a critical stepping-stone for RJ as he regains stability. Dedicated staff and community partners connect him to resources that help him find his way.

RJ’s positive attitude radiates warmth and resilience in his heart, reminding us that even in the face of overwhelming odds, the human spirit can shine brightly and guide us toward hope and connection.
2023 IN REVIEW

$5.26 MILLION IN FINANCIAL ASSISTANCE connected 16,377 children, teens, and adults to YMCA membership and transformative programs.

100,000 LIVES IMPACTED through membership and programs.

2,051 DONORS helped ensure everyone had access to the YMCA.

1,772 EMPLOYEES (full-time & part-time) connected 16,377 children, teens, and adults to YMCA membership and transformative programs.

Financial Assistance

MEMBERSHIP: $2,561,929
CHILDCARE: $1,149,059
HEALTHY LIVING PROGRAMS: $124,701
SUMMER DAY CAMP: $940,952
CAMP TOCKWOGH: $307,854
HOUSING: $131,210
AQUATICS: $21,322
YOUTH SPORTS: $25,448

Membership (As of December 2023)
ENSURING YOUTH ARE ON A PATHWAY TO SUCCESS

Each year, we serve thousands of children and teens across the state, addressing key areas that drive future success including mental and physical health, education, career opportunities, and more. Our Youth Development programs, like Summer Camp, Before & After School Enrichment, Youth In Government, and Workforce Development, just to name a few, provide the tools and safe spaces which allow Delaware’s future leaders to flourish.

PROVIDING SAFE SPACES WHERE EVERYONE CAN THRIVE

Youth who are involved in positive out-of-school activities are less likely to engage in negative behaviors.

2,275 TEENS connected with inspiring mentors and opportunities that empowered them to lead and grow within the safe and healthy spaces at the YMCA.

PREVENTING LEARNING LOSS

59% of students (grades 3-8) are not proficient in English Language Arts; 63% are not proficient in Math.

1,391 CHILDREN flourished in Before & After School Enrichment (BASE) child development programs. 41% of these bright, young minds received nearly $2 MILLION of YMCA and state-funded financial assistance to thrive in our nurturing childcare programs.

4,796 CAMPERS discovered the joys of the outdoors, continued learning, and built lasting friendships at YMCA camps. 21% received over $1.5 MILLION of YMCA and state-funded financial assistance to support their safe summer experience.
As the largest nonprofit provider of healthy living programs in the state, we support families and individuals of all ages and abilities in their pursuit of a healthy life. Our evidence-based programs, including Diabetes Prevention and LEAN (Lifelong Essentials for Activity & Nutrition), utilize best practices to prevent chronic disease. LIVESTRONG at the YMCA assists those who are living with, through, or beyond cancer to regain strength, fitness, and quality of life.

BUILDING HEALTHIER COMMUNITIES

2 in 3 DELAWARE ADULTS suffer from a chronic health condition.

772 INDIVIDUALS engaged in our LIVESTRONG at the YMCA, Diabetes Prevention, and LEAN healthy weight programs. In addition to lowering healthcare costs, the Y’s Healthy Living Programs support participants in their journey towards living a healthier life and overcoming chronic health challenges.

121,039 INDIVIDUALS were able to live healthier, more connected lives through membership and community-based programs at the Y.

KEEPING KIDS SAFE AROUND WATER

4,582 CHILDREN improved their confidence and learned essential water safety skills in our inclusive and accessible YMCA swim lessons.
The YMCA of Delaware is an inclusive organization open to all. We believe that in a diverse world we are stronger when we are inclusive. When our doors are open to all, everyone has the opportunity to learn, grow, and thrive. We focus on volunteerism, advocacy, and social services to do our part in strengthening our communities. Our Open Doors Financial Assistance Program allows every child, family, and individual to become a member of the Y or benefit from a community-based program.

UNITING COMMUNITIES AND INSPIRING SERVICE

CREATING OPPORTUNITIES

EVERYONE is welcome at the YMCA regardless of age, income, or background.

193 MEN found stability, support, and sanctuary in our supportive housing program at the Central YMCA in Downtown Wilmington.

515 YOUNG ADULT EMPLOYEES, ages 16-24, gained invaluable workplace experiences, a competitive wage, and the opportunity to make a difference in their community.

COMBATING SOCIAL ISOLATION

In Delaware, nearly 1 in 4 adults aged 65 and older are socially isolated.

11,241 OLDER ADULTS were connected to welcoming spaces that nurture their sense of belonging and strengthen their emotional, mental, and physical health.
Enid Wallace-Simms, Chair
David Shepherd, Vice Chair
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Nick Adams
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Jack Beeson
Tawanda J. Bond, Ed.D
Shawn Capper
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Christine Cook
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Darcy White

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Tanya Negron
S alerts Robinson
Doug Troskey
Kelly Williams
Gregory Wright

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Jaye Bell
Kathryn Jakabin
Jaleel Jones
Leslie Jones
Catherine Kempista
Thane Martin
Day Mashongamhende
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Dan McKellet
Gail Seitz
Talia Titus
Bob Warburton, Jr., Hon. Ferris W. Wharton

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Anthony DeMarco
Steven Flescher
Shah Himansu
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Dr. Krolan Rawlins
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Gail Jackson
Kristina Lingo
Steve Robinson
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Tony Kudner
Marci Neuman
Gary Newborn
Tim Searl
Dr. Judy Seibt Burns
Josh Sterling
Ross Weintraub
Matt Young

OUR BOARDS

2023 BRANCH BOARDS OF MANAGERS

2023 YMCA OF DELAWARE BOARD OF DIRECTORS

Alex the Autism Bear visits the Brandywine YMCA.
Delaware Urban Greens stocks the Walnut Street YMCA refrigerator with fresh fruits & vegetables for the community.
Dr. Patricia Curtin White and Family
Elite Services & Vending LLC
Elizabeth Lewis
Erik and Beth Ohline
Frank Ferrara
Friends of Radion Group Inc.
Irving Bell
Janet M. Chin
Jarrett and Kim Royster
Jeffrey Faull
Jennifer and Kevin McPherson
Jessica Sibley
John and Sharon Morgan
John Williams
Kaisha Blackstone
Karen M. and Robert Fischer
Katherine Heverin
Kathryn Jakabcin and Kate Ransom
Kevin and Olga Leigh
Lewes Yacht Club Foundation
Lewes-Rehoboth Rotary Club
Linda and Dennis Risk
Lisa and Joseph Barry
Lynne and Fred Kielhorn
Mary Lenhoff
Masonic Charities of Delaware
Matthew Rapposelli
Michael Forwood
Mike Linkous
Mr. Kenneth Matthews
Mrs. Joanna Cline and Mr. Laurence Shiekmann
Claymont DE Lions Club Foundation
Colleen and Jason Lenzini
Colleen Gizinski
Courtney Brandt
Cynthia Blaschak
Daniel Bigelow & C.
Suzanne Cole
Dave and Alice Roggie
David Kelly
David Walczak and Colleen Culver
Dawson Wealth Management, LLC
Dean Shepard Gatorade
Play It Forward
Dedicated to Women OB-GYN, P.A.
Douglas and Magdalene Duncan
Douglas Catts
Elisabeth Dowell
Emily Glading
End Wallace-Haley
Erskine Financial Services LLC
Excel Business System Inc.
Frank Nickel
Gabriel Wilson
Garrett and Kaden Skinner
GI Specialists Of Delaware
Greenhill Car Wash
Gregg Somerville & Lydia Cox
Gregory Lavelle
Gregory Wright Club Pilates Bear
Gwynn Lyell
Healthcare Facilities Solutions Inc.
Dr. Patricia Curtin White and Family
Elite Services & Vending LLC
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Gregory Wright Club Pilates Bear
Gwynn Lyell
Healthcare Facilities Solutions Inc.
Alexander and Ashooh Family
Alexander Flaxenburg
Alvin and Annie Kingcade
Amy and Joseph Barry
Ann and Robert Sylvester
Ann Facenda
Anonymous
Apple
Argilla Brewing Company
Bette and Cameron Francis
Brandon Burris
Brian DiSabatino
Carl Wolaver
Carol Twardowski
Cassidy Painting
Charles Smith
Cheryl Hupp-Dill
Clara Mattucci
Helen Zumsteg
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Howard and Katherine Ohline
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Jake Hubik
James and Carolyn Ryan
James and Davina Anderson
Jamie Barnhart
Javone Bell
Jim and Susan Nagel
Joan Connolly
John Ackerman
John Burchett and Gregory Liles
John P. Hughes
John Van Gorp
JPMorgan Chase Good Works Employee Giving Program
Judy Seibert Burns
Julia Harmelin
Julie Hendrix
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Kevin Dolan
Kristian Graves
Leroy A. Tice, Esq., P.A.
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Lisa and Conner Lamarche
Linda Murray
Lori Kay and Jimmy Paden
Louis Vassalotti
Mari Blackburn and Christine Lay
Mary and David Houck
Mary Ward Hutchison
Melissa Ludwig, State Farm Insurance Agency
Melody Heavner
Michael & Nancy Graves
Michael and Karen Nierenberg
Michael and Kelli Meoli
Michael Smith
Middletown Pizza and Restaurant
Mr. Ferris Wharton
Mr. Laurence Cronin
Ms. Meghan Nesom
Netflix
Nibble Quick Micro-Mkt & Vending Service
Patti and Michael Simpson
Philip and Rebecca Reggio
Physicians Committee for Responsible Medicine
R&R Commercial Realty, Inc.
Regan King and Elizabeth Staib King
Richard and Lisa Sweeney
Annual Youth In Government Conference at Legislative Hall in Dover
YMCA Essence Legacy Performing Arts Drummers
Black History Month at the Bear-Glasgow YMCA

Brandywine YMCA Swim Team

Dover YMCA Beach Party

Bear-Glasgow YMCA campers have a great time at the 2023 All Camp Day held at the Western YMCA.

UNION WHOLESALE COMPANY

IMPACT SPONSORS

$500 - $999

Adam Carro
Adebayo Gbadebo
Alesia and James Farside
All Saint’s Parish Thrift Shop
Amy and Kevin Desmond
Andrew and Devon Sayeski
Angela Alfano
Annemarie Albaugh
Annie Tsao
Anonymous
Artisans’ Bank
Barbara Crowl
Bobbi McGlynn
Brandy Pyfer
Bridget and Samuel Evans
Bryan Wallace
Caitlin Farkas
Cape Henlopen Elks Lodge 42540
Carol and James McKelvey
Catherine Rossi
Cesar and Mercedes Diaz
Charlotte McAfee
Cheryl Hughes
Christine Bader
Christine Finley
Christopher Angelini
Claire and Timothy Abel
Clare Pienkowski
CoBank
Corina Dunfee
Darlene and Darin Sellers
Darren Block
David and Kathleen Shelton
David Miller
David Nierenberg
Day Mashongamhende
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Denise R. and Brian Fitzpatrick
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DOT Foods Inc

Dr. Cynthia Flynn and Ms. Deirdre Boyle
Dr. Jimia Redden
EAM Charitable Fund
Ed Turulski
Edward Schmitt
Elizabeth Harrington
Eric Holloway
Evans Pancost
Experian Matching Gift
Faith Henry
Frances Wilde
Gail Jackson and Donna Davis
Gary Karp
Georganne Buccine
Gina Ward
Harvey and Donte Pickrum
Hud Voltz
Jaleel Jones
James Hanby Sr.
James Maloney
Jewan Marriboane
Jeff and Katrina Gott
Jeffrey Giles
Jennifer and Jason
Hann-Deschaine
JM Guthrie
John and Betty Hite
John and Lynndell Clifton
John Marazzo
John Mongan
John Raymond
John Williamson
Joshua and Logan Sterling
Julia Keller
Julian de Castro
Juliana Recycling Corp.
Julie and Jason Burns
Katherine and Julian Stamper
Kathleen Illland
Kirk Middle School
Laurie Edwards
Lee and Criss Bunting
Lee Gootsee

Blaazar

Slice Communications

Stefanie Bowden
Stephen Harmelin
Steve and Melissa Grieshober
Steven and Wendy Nierenberg
Susie Dahms
Susie Hall Sawyer - Long & Foster Real Estate
Susie Sawyer
Sussex County Council
Tara Salem-Agne
Thane Martin
The Armstrong Family
The C Edward & Gloria Herder Foundation Inc
The Greater Lewes Foundation
Theresa Andrews
Tina Theurer and Michael Griffin
Timothy and Anne Searl
Todd Gilliam
Tom and Alexa Myers
Tom Gwiazdowski
Tower Research Capital
Troutman Pepper Hamilton Sanders LLP
Union Wholesale Company

Waste Connections, Inc.
Will and Louise Merriken
William J. Farrell II
William Sorg
William Sudell

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Will and Louise Merriken
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William Sorg
William Sudell

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Will and Louise Merriken
William J. Farrell II
William Sorg
William Sudell
Lewis Lazarus
Liam Ahunhodjaev
Linda Izett
Lisa Bordbent Insurance, Inc.
Loreli Carro
Lydia Tucker
Marc Neuman
Maraine Tallman
Mary Myers
Mary Ann and Michael Schmook
Matthew Georgov
Matthew Johnson
Maureen White
Maurice and Margaret Cabral
Max and Bella Black Foundation
Megin Hewes
Melina Harmelin and Michael Bass
Michael Coggin
Michelle Healy and Chris Maddern
Mick Powers
Modern Controls Inc.
Morgan Allen
Mr. Josh Cantor
Mr. Ronald Bond
Nancy Karibjanian
Nancy Motto
Nicholas and Karen Foery
Patricia and David Vozenieks
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Ric Helthall
Richard Braida
Richard Tulin
Robert and Carolyn Diehl
Roberts Johnson
Samuel Meck
Scott Umbel
Shannon and Shaun Clark
Stacy Conn
Stephen Lex
Survey Supply Inc.
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Tanya Negron
Tarabicos Grosso, LLP
Taylor Fenimore
Taylor Van Duyn
Ted and Sarah Lauzen
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Thomas Healy
Timothy Robinson
Tina Betz
USA House Solutions Inc.
Valerie Cohen
Vera Bell
Veronda Archer
Walter Staib
William Barrett
William Brooks
William Hucker
Zachary Hansen

Dover Pride Parade

Middletown YMCA Summer Camp

Sussex YMCA Juneteenth Celebration

YMCA Camp Tockwogh

Bear-Glasgow YMCA
Membership in the Heritage Society simply requires a commitment of a gift, now or in the future, ensuring the YMCA of Delaware is strong for future generations. With your support, the YMCA can help safeguard youth development, healthy living and, social responsibility in our communities. To learn more visit www.ymcade.org/give.
**CONSOLIDATED STATEMENT OF ACTIVITIES**

(dollars in thousands)

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>2023 Without Donor Restrictions</th>
<th>2023 With Donor Restrictions</th>
<th>2023 Total</th>
<th>2022 Total (Audited)</th>
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<td>1,994,814</td>
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<td>Other Revenue</td>
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<td>$629,005</td>
<td>1,318,782</td>
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<td>Net Assets Released from Restrictions</td>
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<td>Total Revenue</td>
<td>47,624,721</td>
<td>173,943</td>
<td>47,798,664</td>
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<tr>
<th>EXPENSES</th>
<th>2023</th>
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<tbody>
<tr>
<td>Program Services</td>
<td>41,221,996</td>
<td>36,850,681</td>
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<td>Supporting Services</td>
<td>41,221,996</td>
<td>6,044,728</td>
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<td>Total Expenses</td>
<td>48,422,212</td>
<td>42,895,409</td>
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<td>Change in Net Assets from Operations</td>
<td>(173,943)</td>
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<td>Non-operating Activity</td>
<td>(165,987)</td>
<td>501,745</td>
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<td>Change in Net Assets</td>
<td>(963,478)</td>
<td>(5,096,831)</td>
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**CONSOLIDATED STATEMENT FINANCIAL POSITION**

(dollars in thousands)

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2023</th>
<th>2022 (Audited)</th>
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<tbody>
<tr>
<td>Cash and Equivalents</td>
<td>4,372</td>
<td>8,981</td>
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<td>Accounts Receivable, Net</td>
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<tr>
<td>Prepayments and Other Assets</td>
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<tr>
<td>Investments</td>
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<td>Restricted Assets</td>
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<td>Beneficial Interest in Perpetual Trusts</td>
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<td>Net Land, Buildings &amp; Equipment</td>
<td>71,648</td>
<td>58,242</td>
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<td>Right-of-Use Assets</td>
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<td>Contributed Use of Facility</td>
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<td>Other Assets</td>
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<td>393</td>
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<tr>
<td>TOTAL ASSETS</td>
<td>102,550</td>
<td>98,059</td>
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<table>
<thead>
<tr>
<th>LIABILITIES AND FUND BALANCE</th>
<th>2023</th>
<th>2022 (Audited)</th>
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<tbody>
<tr>
<td>Accounts Payable &amp; Accrued Expenses</td>
<td>2,447</td>
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<td>Deferred Revenue</td>
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<td>Other Liabilities</td>
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<td>Notes Payable</td>
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<tr>
<td>Operating Lease Liabilities</td>
<td>332</td>
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<tr>
<td>Finance Lease Liabilities</td>
<td>2,384</td>
<td>2,413</td>
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<tr>
<td>Bonds Payable, net</td>
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<td>20,847</td>
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<td>Total Liabilities</td>
<td>41,312</td>
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<tr>
<td>Total Net Assets</td>
<td>61,238</td>
<td>62,028</td>
</tr>
<tr>
<td>Total Liabilities &amp; Net Assets</td>
<td>102,550</td>
<td>98,059</td>
</tr>
</tbody>
</table>
YMCA OF DELAWARE
LOCATIONS

BEAR—GLASGOW FAMILY YMCA
351 George Williams Way
Newark, DE 19702
(302) 836-9622

BRANDYWINE YMCA
3 Mount Lebanon Road
Wilmington, DE 19803
(302) 478-9622

CENTRAL YMCA
501 West Eleventh Street
Wilmington, DE 19801
(302) 254-9622

DOVER YMCA
1137 South State Street
Dover, DE 19901
(302) 346-9622

MIDDLETOWN FAMILY YMCA
202 E. Cochran Street
Middletown, DE 19709
(302) 616-9622

SUSSEX FAMILY YMCA
20080 Church Street
Rehoboth Beach, DE 19971
(302) 296-9622

WESTERN FAMILY YMCA
2600 Capitol Trail
Newark, DE 19711
(302) 709-9622

WALNUT STREET YMCA
(Youth Development Center)
1000 North Walnut Street
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