



YMCA of Delaware

IMPACT REPORT 2024

UNLEASHING THE
POWER OF COMMUNITY



Dear Friends,

At the YMCA of Delaware, we believe that true strength lies in community — and in 2024, that belief came to life in powerful ways. While many know the Y as a place to swim or work out, our impact goes far beyond the gym walls. This past year, we were a lifeline for families in need, a source of connection for older adults, a safe haven for youth, and a springboard for teens discovering their purpose. The Y continues to be a place where people of all ages and backgrounds come to grow stronger — physically, emotionally, and socially — and it's all possible because of supporters like you.

We're proud to share this Annual Report — a celebration of the progress we've made and the lives we've touched, together. In 2024, we provided more than **\$5.24 million in financial assistance**, enabling **16,633 children, teens, and adults** access to life-changing programs and memberships. This support wasn't just about gaining entry to the Y — it was about unlocking hope, health, and opportunity.

Throughout these pages, you'll witness the incredible stories of resilience, growth, and impact that happen when we UNLEASH the power of community. Guided by our three core promises — to ensure every youth is on a path to success, to improve health and well-being for all, and to unite communities and inspire service to others — we are building a better Delaware, one person and one story at a time.

As we look to the future, we are more inspired than ever. Because when we invest in people — when we UNLEASH their full potential — we create a ripple effect that changes everything. Thank you for being part of this powerful movement. With your continued support, the YMCA of Delaware will keep reaching further, doing more, and transforming lives, one story at a time.

Yours in service,



Jarrett Royster,
President & Chief Executive Officer

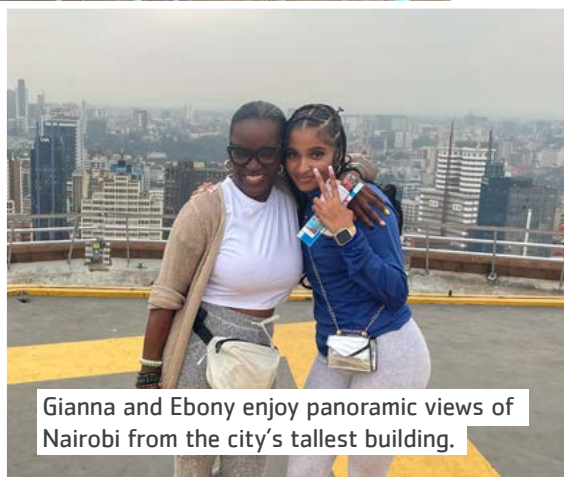


VISION:

A healthy, inclusive community where all people reach their full potential.

MISSION:

To empower youth, foster healthy living, and promote strong communities.



Gianna and Ebony enjoy panoramic views of Nairobi from the city's tallest building.

MEET GIANNA TESSEIN

Gianna Tessein, a 17-year-old student at Hodgson High School with dreams of becoming an orthodontist, has been part of the YMCA community for 13 years. Over the years, she participated in a variety of youth programs including soccer, tap, ballet, and hip hop. Through the YMCA's workforce development program, she also landed her first job working in membership, and later as a summer camp staff member, but her most life-changing experience came through the YMCA's Global Teens program.

In the summer of 2024, Gianna was one of 20 Delaware teens selected to travel to Nairobi, Kenya for a transformative service-learning trip. Her mom, Ebony, also joined the experience, serving as one of the trip's chaperones. During their time in Kenya, the group helped paint schools, delivered food and clothing to families in need, and engaged in meaningful cultural exchange. Immersed in a new environment, Gianna was struck by the warmth of the people, the vibrant culture, and the resilience of the communities they served.

"It wasn't about changing the world overnight—it was about creating small moments of impact that could ripple outward," she shared. The trip expanded her worldview and deepened her sense of gratitude and purpose. "It's not just what I gave, but what I received—lessons in humility, strength, and the true meaning of giving."

Gianna returned home inspired and more grounded, with a renewed commitment to making a difference in the world around her—forever shaped by her journey and the opportunity to share it with her mom by her side.



2024 IN REVIEW

\$5.24 MILLION

IN FINANCIAL ASSISTANCE

connected **16,633** children, teens, and adults to YMCA memberships and transformative programs.

117,302

LIVES IMPACTED

through membership and programs.

2,804

DONORS

helped ensure everyone had access to the YMCA.

1,772

EMPLOYEES

(full-time & part-time)



Membership (As of December 2024)

Financial Assistance

MEMBERSHIP: **\$3,069,545**

BEFORE & AFTER SCHOOL CARE: **\$720,301**

EARLY LEARNING: **\$35,696**

HEALTHY LIVING PROGRAMS: **\$352,189**

SUMMER DAY CAMP: **\$449,519**

CAMP TOCKWOUGH: **\$330,196**

HOUSING: **\$222,435**

AQUATICS: **\$41,288**

YOUTH SPORTS & ENRICHMENT: **\$22,727**

ENSURING YOUTH ARE ON A PATHWAY TO SUCCESS



At the YMCA of Delaware, we believe every child deserves the chance to thrive. Each year, we support thousands of youth on their journey to a brighter future—fostering confidence, curiosity, and resilience. Through programs like Summer Camp, After School Enrichment, Youth in Government, and Workforce Development, we provide the tools and safe spaces Delaware’s future leaders need to grow and succeed.



Photo: YMCA Youth in Government students visit Legislative Hall to champion youth voice and advocate for the Y’s impact across Delaware.

PREVENTING LEARNING LOSS

59% of students (grades 3–8) are not proficient in English Language Arts; 69% are not proficient in Math.

1,361 CHILDREN flourished in Before & After School Enrichment (BASE) child development programs. **45%** of these bright, young minds received nearly **\$1.5 MILLION** of YMCA and state-funded financial assistance to thrive in our nurturing childcare programs.

4,959 CAMPERS discovered the joys of the outdoors, continued learning, and built lasting friendships at YMCA camps. **20% of the campers received over \$2 MILLION** of YMCA and state-funded financial assistance to support their safe and fun summer experience.

PROVIDING SAFE SPACES WHERE YOUTH CAN THRIVE

Youth who are involved in positive out-of-school activities are less likely to engage in negative behaviors.

2,111 TEENS connected with inspiring mentors and found opportunities that empowered them to lead and grow within the safe and healthy spaces at the YMCA.

IMPROVING HEALTH AND WELLBEING



As Delaware's largest nonprofit provider of Community Health programs, the YMCA is committed to helping individuals and families of all ages and abilities lead healthier, more vibrant lives. Our evidence-based programs—like the Diabetes Prevention Program and LEAN (Lifelong Essentials for Activity & Nutrition)—empower participants with tools to prevent chronic disease and build lasting wellness habits. Through LIVESTRONG at the YMCA, we walk alongside those affected by cancer, helping them regain strength, confidence, and quality of life.



A LIVESTRONG at the YMCA participant builds strength and confidence with support from his trainer.



Big splashes and even bigger smiles at the Western YMCA! A student from the Delaware School for the Deaf learns to swim through the YMCA's Water Wise program.

BUILDING HEALTHIER COMMUNITIES

2 IN 3 DELAWARE ADULTS suffer from a chronic health condition.

913 INDIVIDUALS engaged in our LIVESTRONG at the YMCA, Diabetes Prevention, and LEAN healthy weight programs, reducing healthcare costs, charting a course towards a healthier life, and overcoming chronic health challenges.

117,302 INDIVIDUALS were able to live healthier, more connected lives through membership and community-based programs at the Y.

KEEPING KIDS SAFE AROUND WATER

5,758 CHILDREN improved their confidence and learned essential water safety skills in our inclusive and accessible YMCA swim lessons.

Water Wise is the YMCA of Delaware's free water safety program for kids ages 3–17. In 2024, it served **955 CHILDREN**, focusing on underserved communities and teaching essential skills to prevent drowning.

UNITING COMMUNITIES & INSPIRING SERVICE TO OTHERS



At the YMCA of Delaware, our mission is to bring people together and UNLEASH the potential within every individual. Our staff, volunteers, donors, and members form a powerful community dedicated to strengthening and uplifting others.

Guided by our core values, we create safe, inclusive spaces where everyone feels supported and empowered to be their best selves. By fostering meaningful connections, we help bridge differences and build stronger communities, united by the belief that everyone matters. Through volunteerism, advocacy, and vital social services, we work to ensure that all individuals have the opportunity to grow and succeed.



CREATING OPPORTUNITIES

EVERYONE is welcome at the YMCA regardless of age, income, or background.

165 MEN found stability, support, and sanctuary in our supportive housing program at the Central YMCA in Downtown Wilmington.

515 YOUNG ADULT EMPLOYEES, ages 16–24, gained invaluable workplace experiences, a competitive wage, and the opportunity to make a difference in their community.

COMBATING SOCIAL ISOLATION

In Delaware, nearly 1 in 4 adults aged 65 and older are socially isolated.

13,732 OLDER ADULTS were connected to welcoming spaces that nurture their sense of belonging and strengthen their emotional, mental, and physical health.



OUR BOARDS

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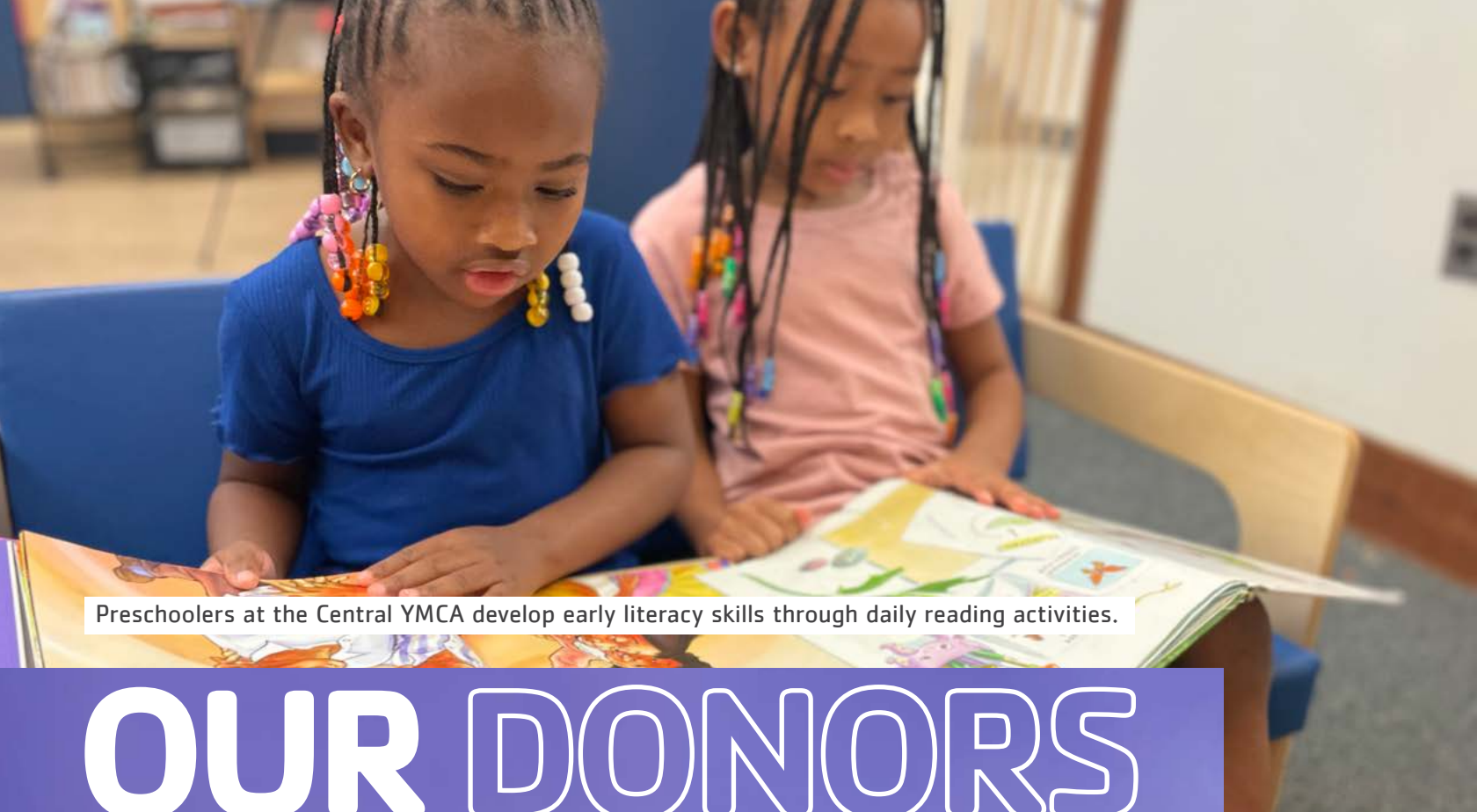
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Amy Heller
Annabel Lewis
Sarah Kreshtool
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Gary Newborn
Tim Searl
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Josh Sterling
Meghan Sullivan
Hud Voltz
Ross Weintraub
Marcus Wilson
Matt Young

Summer Fun at the Middletown YMCA Outdoor Pool



Preschoolers at the Central YMCA develop early literacy skills through daily reading activities.

OUR DONORS

GAME CHANGERS \$2,000,000

Longwood Foundation

HEROES \$900K

Elizabeth W. Snyder

DIFFERENCE MAKERS \$100-360K

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Delaware’s 152nd General Assembly
Joseph J. Gano Jr. Memorial Fund
State of DE: Kids Department

State of DE: POSDC
US Dept. of Housing and Urban
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Preston and Kathleen Schell

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Ralph Gootee & Tracy Young
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USA

LEADERS \$2.5K - \$4.9K

Air National Guard
Alexander Flaxenburg
All Saints Parish Thrift Shop



Making a splash with friends—members at the Western YMCA enjoy staying active together in water aerobics.



Superpowers activated! This little hero brought big energy to the Bear-Glasgow YMCA Trunk or Treat.



Sussex YMCA members finding balance and peace with yoga on the beach.



Governor Matt Meyer swears in Youth Governor Arianna Li, during the Annual Youth in Government Conference at Legislative Hall in Dover.

- | | | | |
|--------------------------------------|--------------------------------------|---|--|
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\$1K - \$2.4K

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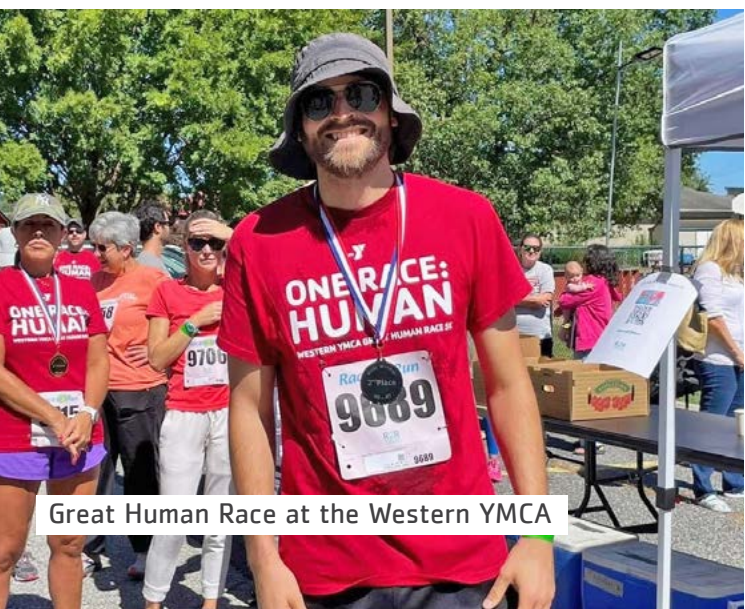
Teens at the Walnut Street YMCA enjoy some friendly competition.



This Dover YMCA camper strikes a pose poolside, ready for a summer full of fun.



Fall fun with festive flair at the Dover YMCA!



Great Human Race at the Western YMCA

Kent Landscaping Company
Keystone Sports Construction
Kiwanis Of Rehoboth
Krisitan Graves
Kristina Lingo
Laurence Cronin
Lee Gootee
Leslie and Lynn Jones
Lisa LaMarche
Louis Vassalotti
Main Line Commercial Pools
Marc Hicks
Margaret Colvin
Mari Blackburn and Christine Lay
Marisa Sanville
Mary Coan
Mary Houck
Mary Lenhoff
Mary Martin
Mary Myers
Mary Ward Hutchison
Maureen White
Max and Bella Black Foundation
Meghan Nesom
Melissa Ludwig – State Farm Insurance Agency
Michael & Jennifer Twining
Michael & Nancy Graves
Michael and Karen Nierenberg
Michael and Kelli Meoli
Michael Nestor
Micheal Maddren
Munn Charitable Fund
Noah Brown
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Pat’s Pizza & Bistro
Paul Costello

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Bear-Glasgow YMCA campers enjoy a day of connection and fun at the 2024 All Camp Day, hosted by the Western YMCA.

Charlotte McAfee
Christine Bader
Christine Finley
Christopher Angelini
Claude Groven
Commonwealth Insurance Advantage
Crunchbase Inc
Cynthia Flynn
Dale Davis
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Delaware State Parks
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Derek Crawford
Dianne Abel
Donna, Edward and, Torrence Bates
Douglas and Magdalene Duncan
Dover Federal Credit Union
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Gregory Wright--Club Pilates Bear
Harvey and Donte Pickrum
HomeWell Care Services
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James Goodwill
James Rex
Jason and Loreli Carro
Jeffrey Faull
Jill and John Stafford
Jillian Pratt
John and Allison House
John and Betty Hite
John Raymond
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Joshua and Logan Sterling
Joshua Gower
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Julie and Jason Burns
Kate Cowperthwait
Kathy Young
Katrina Fellmeth
Kelly Wellborn
Kevin Dolan

Kimberly Brinn
Kristen Coveleski
Kyle Izett
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Lauren Sobocinski
Laurie Edwards
Lillian Nichols
Lisette Casey
Liz Ackroyd
Lori Waldee-Warden
Lorie Tudor
Marci Neuman
Marcus Hessian
Margaret Ackroyd
Matthew Connaughton
Maurice and Margaret Cabral
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Megin Hewes
Michael and Ebony Tessein
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Michael Coggin
Michelle Healy and Chris Maddern
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Morgan Allen
Muffy Forsythe
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The Just Care Fund
Theresa Gavin
Thomas Taylor
Tiea Theurer and Michael Griffin
Tracy Attix
Union Wholesale Company
USA House Solutions Inc.
Valerie Morano
Wendy Shilobod
Wes McAfee
William Barrett
William Himelright and David Carter
William Jaffee
Zachary Hansen



Stronger together at the Brandywine YMCA—this amazing group shows what community and connection look like in every class.



Learning is fun at the Central YMCA Preschool.



Sussex YMCA Annual Beach Party fun.



YMCA Camp Tockwogh campers get ready for a day of adventure.



Local teens visit the White House with YMCA of Delaware CEO, Jarrett Royster, for Jill Biden’s back to school night.



HERITAGE SOCIETY

PRESERVING THE YMCA FOR FUTURE GENERATIONS

The YMCA of Delaware’s Heritage Society honors those who have made a lasting impact at the YMCA through planned giving. Membership in the Heritage Society simply requires a commitment of a gift, now or in the future, ensuring the YMCA of Delaware is strong for future generations. With your support, the YMCA can help safeguard youth development, healthy living, and, social responsibility in our communities.

To learn more visit www.ymcade.org/give.

- | | | | |
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| | Kristen Lepley | Raymond Bree Jr. | |



Brandywine YMCA campers enjoy friendship and fun during a memorable summer together.

CONSOLIDATED STATEMENT OF ACTIVITIES

REVENUE	2024 Without Donor Restrictions	2024 With Donor Restrictions	2024 Total	2023 Total (Audited)
Contributions	1,966,000	3,770,137	5,736,137	3,228,954
Government Contracts	8,146,914	1,660,100	9,807,014	6,900,953
Membership	23,991,958		23,991,958	19,973,766
Program Fees	15,651,142		15,651,142	14,381,395
Investments	1,725,702		1,725,702	1,994,817
Other Revenue	554,138	689,117	1,243,255	1,536,311
Net Assets Released from Restrictions	2,017,564	(2,017,564)		
Total Revenue	54,053,418	4,101,790	58,155,208	48,016,196

EXPENSES				
Program Services	47,574,767		47,574,767	41,548,169
Supporting Services	7,931,730		7,931,730	7,207,383
Total Expenses	55,506,497		55,506,497	48,755,552
Change in Net Assets from Operations	(1,453,079)	4,101,790	2,648,711	(739,356)
Non-operating Activity	886,603		886,603	(165,987)
Change in Net Assets	(566,476)	4,101,790	3,535,314	(905,343)

CONSOLIDATED STATEMENT FINANCIAL POSITION

ASSETS	2024 (unaudited)	2023
Cash and Equivalents	11,439,987	4,372,117
Accounts Receivable, Net	832,967	925,684
Capital Campaign Pledges	2,904	2,904
Prepayments and Other Assets	894,405	680,765
Investments	13,276,046	12,665,730
Interest Rate Swap	942,738	111,772
Restricted Assets	1,161,820	1,338,033
Beneficial Interest in Perpetual Trusts	5,939,044	5,458,518
Intangibles, Net	97,690	122,076
Property and Equipment, Net	70,567,162	71,648,370
Right-of-Use Assets	1,779,242	2,727,289
Contributed Use of Facility	5,182,255	5,119,192
TOTAL ASSETS	112,116,260	105,172,450

LIABILITIES		
Accounts Payable & Accrued Expenses	2,119,604	2,446,788
Deferred Revenue	1,133,557	1,003,673
Other Liabilities	260,755	281,951
Notes Payable	5,682,548	5,620,918
Operating Lease Liabilities	180,509	332,269
Finance Lease Liabilities	1,686,114	2,383,610
Bonds Payable, net	33,657,427	29,242,809
Total Liabilities	44,720,427	41,312,018
Total Net Assets	67,395,746	63,860,432
Total Liabilities & Net Assets	112,116,260	105,172,450



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CENTRAL YMCA

501 West Eleventh Street
Wilmington, DE 19801
(302) 254-9622

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1137 South State Street
Dover, DE 19901
(302) 346-9622

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202 E. Cochran Street
Middletown, DE 19709
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20080 Church Street
Rehoboth Beach, DE 19971
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Wilmington, DE 19801
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ASSOCIATION OFFICE

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