



YMCA of Delaware

IMPACT REPORT 2025

UNLEASHING THE POWER
OF TEAMWORK



Dear Friends,

At the YMCA of Delaware, we believe the greatest impact happens when people come together. Every day, we see what's possible through the collective efforts of our staff, donors, partners, and volunteers—working side by side to strengthen communities across our state.

While many know the Y as a place to swim or work out, our impact reaches far beyond our walls. In 2025, we continued to be a place where young people found direction, families built healthier habits, and individuals of all ages discovered connection, purpose, and belonging. From early learning and summer camp to teen programs, workforce development, community health, and supportive housing, the Y is helping people move forward, together.

The year 2025 also marked an important step forward as we prepared for the launch of our Early Learning Academy, which officially opened in 2026. Throughout the year, we invested significant time and resources into bringing this vision to life—helping address a critical need in our community by expanding access to high-quality, affordable early childhood education. It's one more way we are investing in youth and supporting families when it matters most.

This Annual Report celebrates those moments. It reflects what happens when access meets opportunity and communities rally around one another to create meaningful change.

Guided by our three core promises—to ensure every youth is on a path to success, to improve health and well-being for all, and to unite communities and inspire service to others—we remain focused on building a stronger, more connected Delaware.

None of this work happens alone. It is made possible by you, your generosity, your partnership, and your belief in the Y. Together, we are **UNLEASHING THE POWER OF TEAMWORK.**

As we look ahead, we are energized by what we can continue to accomplish. Thank you for being part of this work and for helping us make a lasting impact.

With gratitude,



Jarrett Royster,
President & Chief Executive Officer



Alexis and Anaiah Grainger get a first look at the new YMCA Early Learning Academy.

VISION:

A healthy, inclusive community where all people reach their full potential.

MISSION:

To empower youth, foster healthy living, and promote strong communities.



MEET THE SEA GALS

What began as a beginner pickleball class at the YMCA, turned into a lasting friendship for 14 active women who call themselves the Sea Gals.

Hailing from several different states, the group connected instantly—cheering each other on, laughing through mishaps, and sharing life stories. Their name came from a happy moment together, and it stuck, symbolizing the joy and camaraderie they found in one another.

Now, they meet regularly to celebrate birthdays, enjoy games, and support each other through life's ups and downs. Whether it's celebrating milestones or helping a friend during a difficult time, these women show how meaningful friendships can grow later in life.

For the Sea Gals, the Y has become more than a place to stay active—it's where lasting connections are made.

“Even meeting one friend can just change your world, and this absolutely changed it for me.” - Trisha Saternow

From their 60s to 70s, the Sea Gals are living proof that community, laughter, and friendship thrive at every stage of life.

Scan the QR code to hear the Sea Gals share their story.



MISSION
IN ACTION

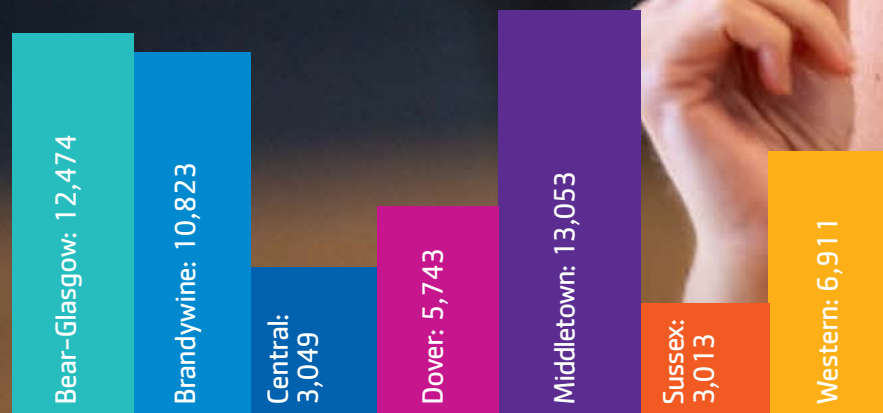
2025 IN REVIEW

\$7.1 MILLION
IN FINANCIAL ASSISTANCE
connected **21,237** children,
teens, and adults to YMCA
memberships and transformative
programs.

114,306
LIVES IMPACTED
through membership
and programs.

2,987
DONORS
helped ensure everyone
had access to the YMCA.

2,099
EMPLOYEES full & part-time)
worked side-by-side to make
meaningful impact.



Membership (As of December 2025)

A YMCA member enjoys getting stronger, healthier, and more connected during a group exercise class at the Brandywine YMCA.

Financial Assistance

MEMBERSHIP: **\$3,073,847**

BEFORE & AFTER SCHOOL
CARE: **\$1,934,375**

EARLY LEARNING: **\$96,551**

HEALTHY LIVING
PROGRAMS: **\$422,960**

SUMMER
DAY CAMP: **\$925,213**

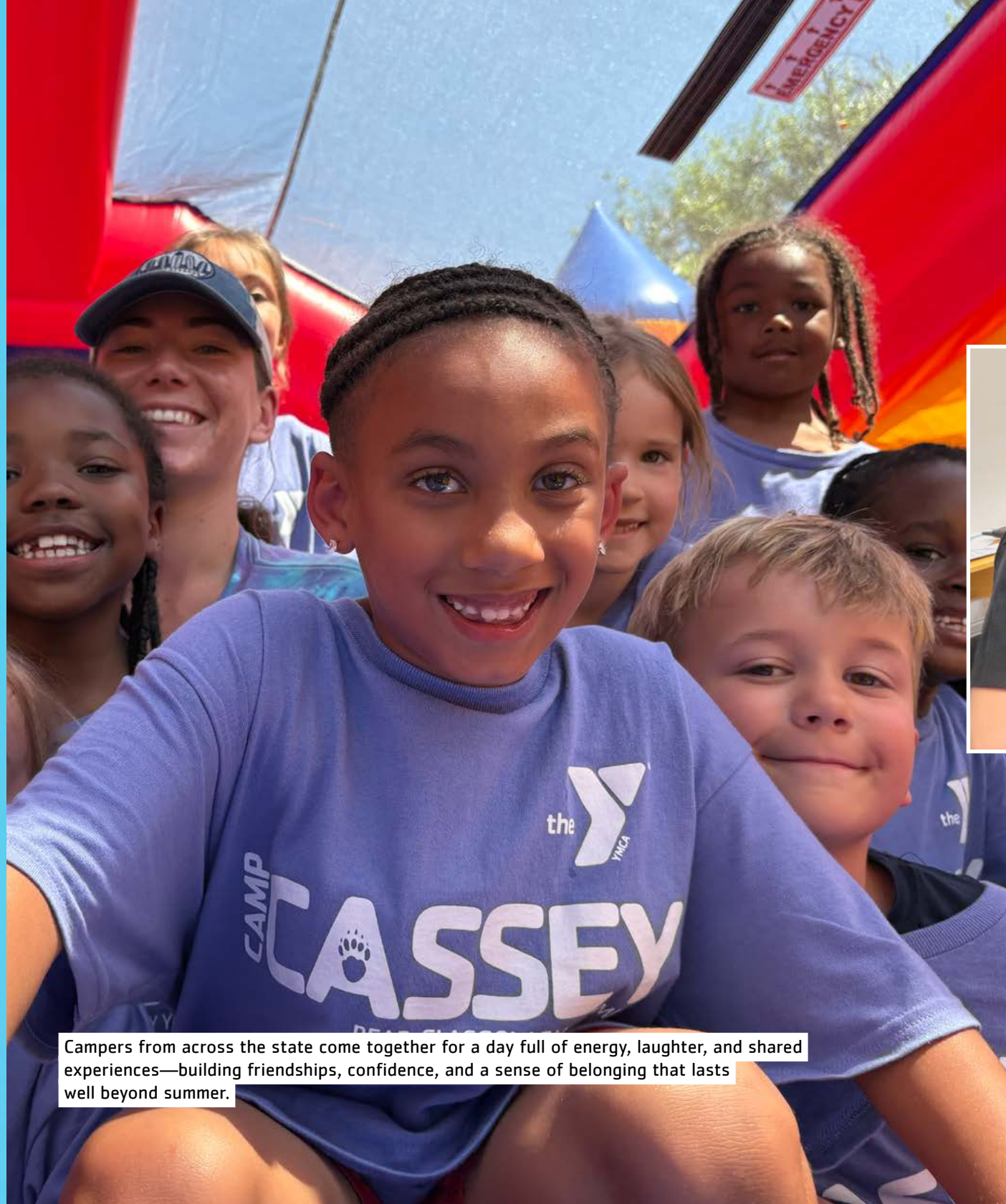
CAMP TOCKWOGH: **\$324,931**

HOUSING: **\$301,070**

AQUATICS: **\$57,560**

YOUTH SPORTS &
ENRICHMENT: **\$15,335**

ENSURING YOUTH ARE ON A PATHWAY TO SUCCESS



Camper from across the state come together for a day full of energy, laughter, and shared experiences—building friendships, confidence, and a sense of belonging that lasts well beyond summer.

At the YMCA of Delaware, we're committed to helping every child reach their full potential. Each year, we serve thousands of young people—nurturing confidence, sparking curiosity, and building resilience along the way. Through programs like Summer Camp, After School Enrichment, Youth in Government, and Workforce Development, we create safe, supportive environments where Delaware's next generation can learn, grow, and lead.



Photo: Teens at the Walnut Street YMCA Summer Camp dive into hands-on STEM learning.

PREVENTING LEARNING LOSS

59% of students (grades 3-8) are not proficient in English Language Arts; 69% are not proficient in Math.*

1,195 CHILDREN participated in before and after school programs where they could grow, develop healthy habits and thrive. **\$2 MILLION** in **Open Doors financial assistance** ensured that 1 in 2 of the children enrolled had the financial support needed to attend.

4,889 CAMPERs had the opportunity to discover the joys of the outdoors, learn new skills, and build lasting friendships at YMCA of Delaware summer camps. **\$1.3 million** in **YMCA Open Doors financial assistance** gave 1 in 5 campers access to the best summer ever.

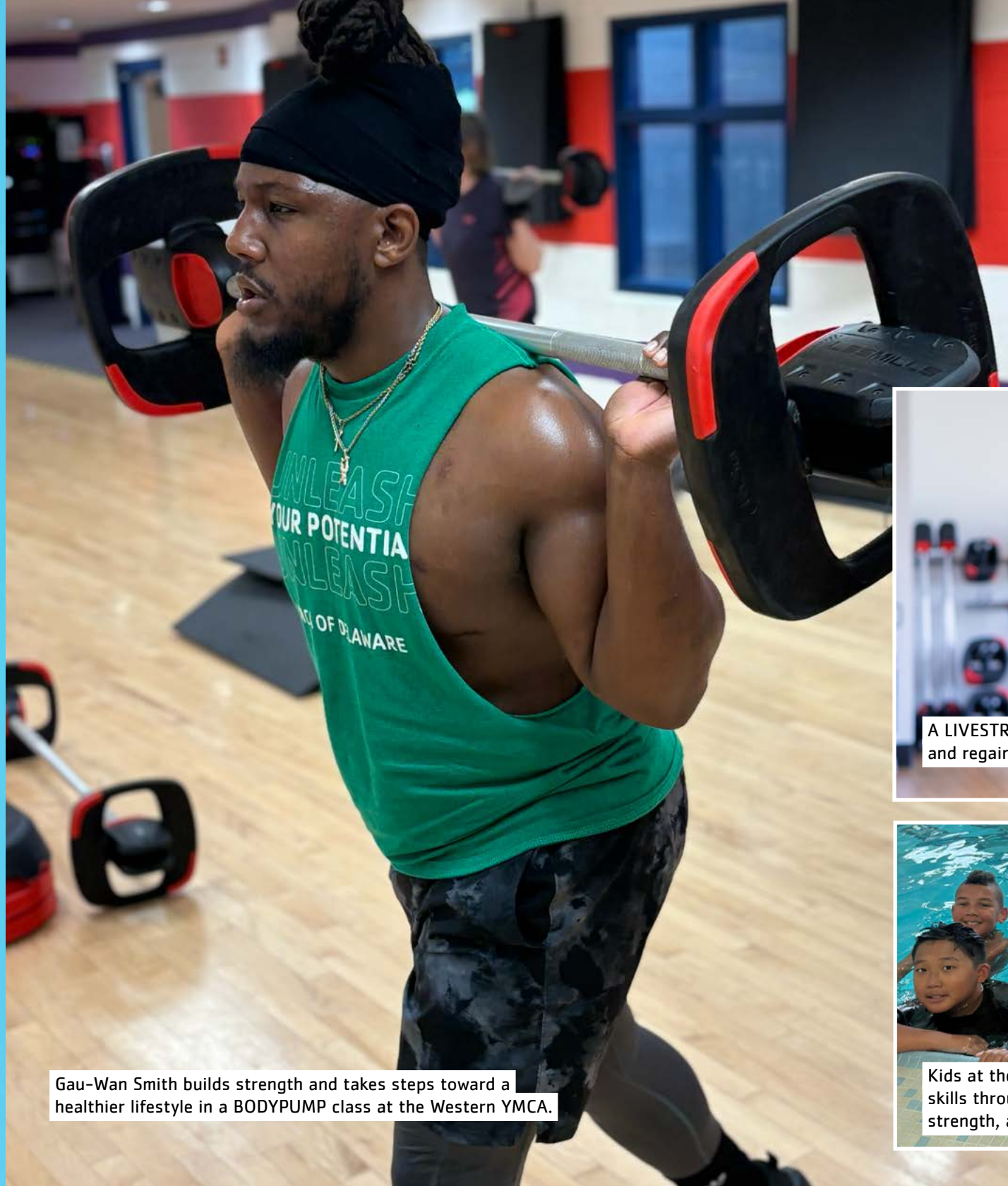
*Source: Delaware Department of Education

PROVIDING SAFE SPACES WHERE YOUTH CAN THRIVE

Youth who are involved in positive out-of-school activities are less likely to engage in negative behaviors.

12,472 TEENS were given the opportunity to be active, gain skills for future success, and form positive relationships with supportive adults who believe in their potential.

IMPROVING HEALTH AND WELLBEING



Gau-Wan Smith builds strength and takes steps toward a healthier lifestyle in a BODYPUMP class at the Western YMCA.

At the YMCA of Delaware, health is more than a personal goal — it's something we build together. Our programs span every stage of life, from teaching children lifesaving water skills through Water Wise, to helping older adults stay sharp with BrainSavers. Along the way, we support chronic disease prevention, healthy aging, blood pressure management, and so much more. Whatever brings you through our doors, you'll find a welcoming community ready to help you live better.



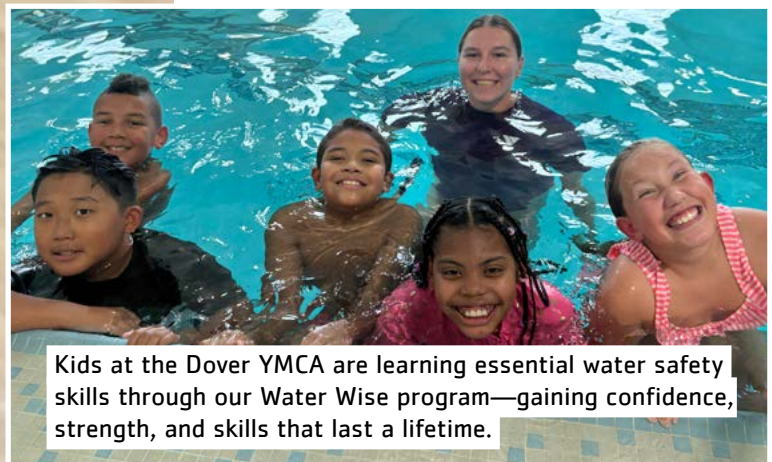
A LIVESTRONG® at the YMCA participant builds strength and regains confidence at the Middletown YMCA.

BUILDING HEALTHIER COMMUNITIES

2 IN 3 DELAWARE ADULTS suffer from a chronic health condition.

879 ADULTS had the opportunity to improve their well-being and make lasting lifestyle changes through supportive YMCA community health programs like LIVESTRONG®, Diabetes Prevention, Blood Pressure Self Monitoring, and BrainSavers.

114,306 YOUTH & ADULTS found a community of belonging and opportunities to improve their well-being through YMCA membership and programs.



Kids at the Dover YMCA are learning essential water safety skills through our Water Wise program—gaining confidence, strength, and skills that last a lifetime.

KEEPING KIDS SAFE AROUND WATER

4,387 CHILDREN participated in YMCA swim and community water safety lessons. More than 8,582 sessions were delivered across the state to help build confidence and teach critical life-saving skills.

Water Wise is the YMCA of Delaware's free water safety program for kids ages 3–17. In 2025, it served **838 CHILDREN**, focusing on under-served communities and teaching essential skills to prevent drowning.

UNITING COMMUNITIES & INSPIRING SERVICE TO OTHERS



Youth in Government student Arianna Li is recognized by Senator Sturgeon as the 2025 Youth Governor — a testament to the power of community investment and what becomes possible when we inspire young people to serve others and lead with purpose.

Community isn't something the YMCA of Delaware just talks about, it's something we build every single day. When staff, volunteers, donors, and members show up for one another, something powerful happens: neighborhoods grow stronger, barriers come down, and people discover what they're truly capable of. We create spaces where belonging isn't an afterthought — it's the foundation. Through volunteerism, advocacy, and hands-on social services, we invest in the belief that every person has something to contribute and everything to gain from a community that sees their worth. When we serve others, we all rise.



Alex the Autism Bear visits the Sussex YMCA to help raise awareness and promote inclusion through our partnership with Autism Delaware.

CREATING OPPORTUNITIES

EVERYONE is welcome at the YMCA regardless of age, income, or background.

165 MEN accessed supportive housing and wraparound services at our Central YMCA Residence in Downtown Wilmington to support their journey toward improved health, financial stability, and greater independence.

1,063 YOUNG ADULT EMPLOYEES, ages 16-24, gained invaluable workplace experiences, a competitive wage, and the opportunity to make a difference in their community.

COMBATING SOCIAL ISOLATION

Nearly **1 in 4 adults aged 65 and older** are socially isolated.*

9,299 OLDER ADULTS chose the YMCA as their community — participating in programs and activities that support healthy aging, independence, and connection.

*Source: Centers for Disease Control and Prevention (CDC)



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- Meghan Sullivan
- Hud Voltz
- Rebecca Williams
- Marcus Wilson
- Matt Young

At YMCA Camp Tockwogh, every climb is a step toward confidence, independence, and growth.



Melinda Gillespie representing the future of leadership as a Youth in Government Associate Justice at Legislative Hall in Dover.

OUR DONORS

GAME CHANGERS \$350,000+

Janet L. Autenrieth
State of Delaware

HEROES \$100 - 250K

Albert T. Hanby Trust
American Diabetes Association
Barclays Bank Delaware
ChristianaCare Office of Health Equity
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YMCA of the USA

DIFFERENCE MAKERS \$45-75K

Crestlea Foundation
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Nemours Children's Health
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Speedway Children's Charities - Dover Motor Speedway Chapter



YMCA Camp Tockwogh campers cool off in the pool.



Building STRONG communities at the Sussex YMCA Fall Festival.



This Harry Potter-inspired family brought a little extra magic to Trunk or Treat at the Western Family YMCA.



Campers at YMCA Camp Tockwogh build lasting friendships, gain confidence, and experience the joy of outdoor adventure in a supportive environment.

Sprouts Healthy Communities Foundation

SSS Clutch Company

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Tammi Gaskins and William Ferrell

Ted and Sarah Lauzen

The Alfred I. DuPont Foundation

The Anthony and Catherine Fusco Foundation

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Carolan Cross and Stephanie Vonnahme

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Crystal Clear Orthodontics

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\$1K - \$2.4K

Albert and Cherie Casalnuovo

Alexa and Tom Myers

Alvin and Annie Kingcade

Amar Tailor-Mathnasium

Annie Tsao

Arar Han

Argilla Brewing Company

Ashley Swanson



Campers at the Walnut Street YMCA staying active and engaged in the gym where play, teamwork, and energy come together each day.



Emily Overvliet enjoys quality time with her children at the Western Family YMCA.



Two young builders at the Dover YMCA bring creativity to life as they design and construct their cardboard boat for the inaugural Cardboard Boat Regatta.



Kristina Schneider, Senior Child Development Director at the Middletown YMCA, shares a moment of creativity and connection with a young participant at Healthy Kids Day.

House Democrats
 Howard and Katherine Ohline
 International Longshoreman Assoc.
 James and Carolyn Ryan
 Janice Underwood and Angel Morales
 Jayne Bell
 Jeffrey and Kathryn Kline
 Jenn McPherson
 Jennifer Twining
 Jesus H. De Las Salas
 Jill Stafford
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 Jimia K. Redden
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 Kristian Graves
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 Lisette Casey
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Pickleball players at the Sussex YMCA show their support for autism awareness alongside Alex the Autism Bear.

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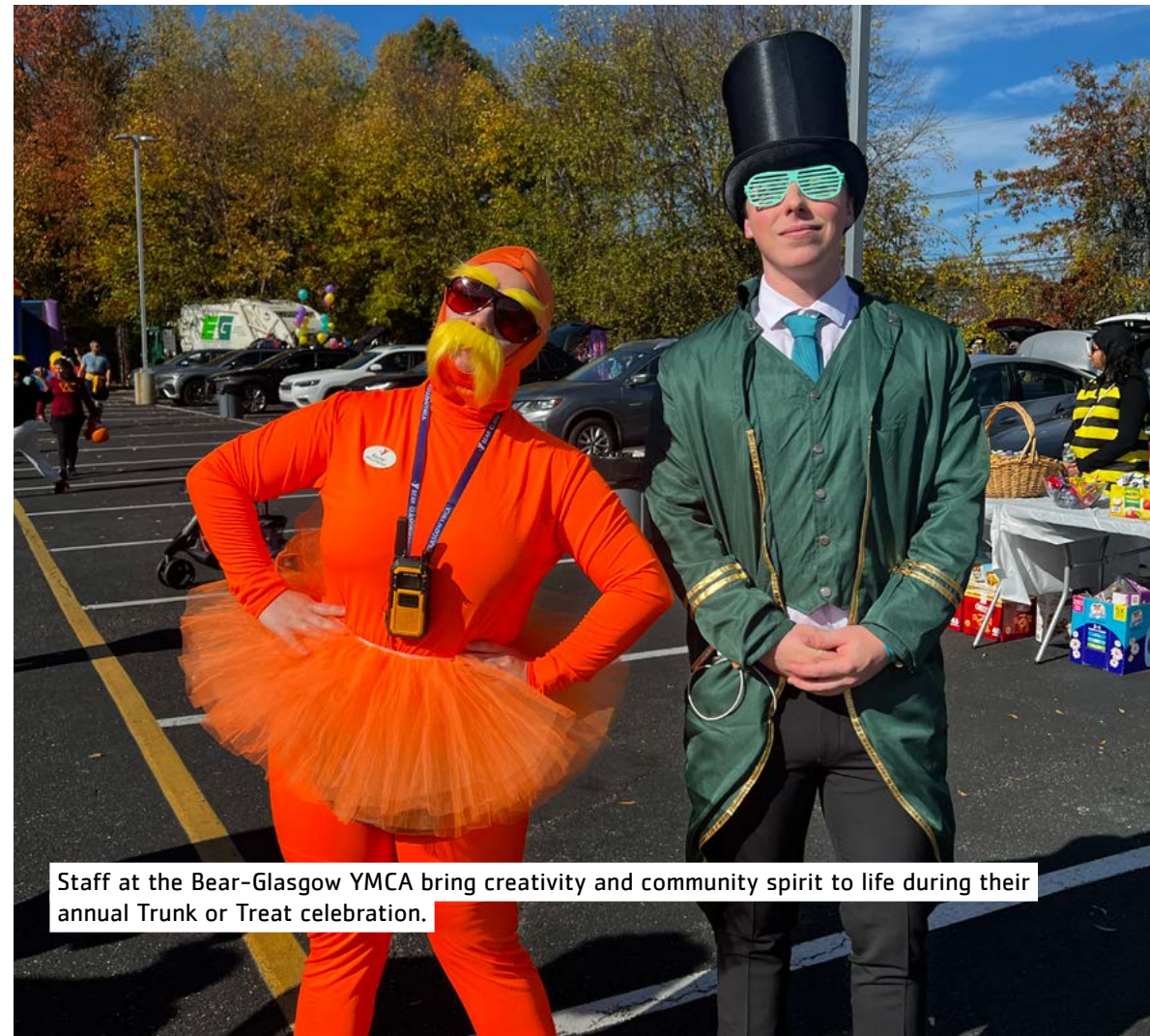
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 Wes McAfee



A young reader at the Brandywine YMCA proudly holds a new book from the Healthy Kids Day book fair.



Staff and volunteers gear up for the annual Great Human Race and International Food Festival at the Western YMCA.



Staff at the Bear-Glasgow YMCA bring creativity and community spirit to life during their annual Trunk or Treat celebration.



Campers at YMCA Camp Tockwogh take the helm—building skills, teamwork, and unforgettable memories out on the water.

HERITAGE SOCIETY

PRESERVING THE YMCA FOR FUTURE GENERATIONS

The YMCA of Delaware’s Heritage Society honors those who have made a lasting impact at the YMCA through planned giving. Membership in the Heritage Society simply requires a commitment of a gift, now or in the future, ensuring the YMCA of Delaware is strong for future generations. With your support, the YMCA can help safeguard youth development, healthy living, and, social responsibility in our communities.

To learn more visit www.ymcade.org/give.

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Campers at Dover YMCA Camp Voyager have a little outdoor fun.

CONSOLIDATED STATEMENT OF ACTIVITIES

DIRECT REVENUE	2025 Without Donor Restrictions	2025 With Donor Restrictions	2025 Total	2024 Total
Contributions	1,983,510	1,119,400	3,102,910	5,736,137
Government Fees & Grants	11,788,317	652,000	12,440,317	9,807,014
Membership	25,218,425		25,218,425	23,991,958
Program Fees	16,291,162		16,291,162	15,651,142
Investments	2,298,071	29,203	2,327,274	1,725,702
Other Revenue	762,458	786,569	1,549,027	1,243,255
Net Assets Released from Restrictions	4,160,449	(4,160,449)		
Total Revenue	62,502,392	1,573,277	60,929,115	58,155,208

EXPENSES & CHANGE IN NET ASSETS

Program Services	49,143,030		49,143,030	47,546,386
Supporting Services	8,325,862		8,325,862	7,931,730
Total Expenses	57,468,892		57,468,892	55,478,116
Change in Net Assets from Operations	5,033,500	(1,573,277)	3,460,223	2,677,092
Non-operating Activity	(725,624)		(725,624)	886,603
Change in Net Assets	4,307,876	(1,573,277)	2,734,599	3,563,695

CONSOLIDATED STATEMENT FINANCIAL POSITION

ASSETS	2025	2024
Cash and Equivalents	13,621,216	11,439,987
Accounts Receivable, Net	778,270	832,967
Prepayments and Other Assets	673,114	894,405
Investments	14,496,404	13,276,046
Restricted Assets	1,087,792	1,161,820
Beneficial Interest in Perpetual Trusts	6,725,614	5,939,044
Net Land, Buildings & Equipment	69,914,046	70,595,543
Right-of-Use Assets	1,822,537	1,779,242
Contributed Use of Facility	5,022,001	5,182,255
Other Assets	311,523	1,043,332
TOTAL ASSETS	114,452,517	112,144,641

LIABILITIES & FUND BALANCE

Accounts Payable & Accrued Expenses	2,363,678	2,119,604
Deferred Revenue	1,122,936	1,133,557
Operating Lease Liabilities	1,004,994	180,509
Finance Lease Liabilities	840,665	1,686,114
Notes Payable	5,753,348	5,682,548
Bonds Payable, Net	32,946,915	33,657,427
Other Liabilities	261,255	260,755
Total Liabilities	44,293,791	44,720,514
Total Net Assets	70,158,726	67,424,127
Total Liabilities & Net Assets	114,452,517	112,144,641



Cooking up confidence, creativity, and fun at Dover YMCA Summer Camp!



YMCA OF DELAWARE LOCATIONS

BEAR-GLASGOW FAMILY YMCA

351 George Williams Way
Newark, DE 19702
(302) 836-9622

BRANDYWINE YMCA

3 Mount Lebanon Road
Wilmington, DE 19803
(302) 478-9622

CENTRAL YMCA

501 West Eleventh Street
Wilmington, DE 19801
(302) 254-9622

DOVER YMCA

1137 South State Street
Dover, DE 19901
(302) 346-9622

MIDDLETOWN FAMILY YMCA

202 E. Cochran Street
Middletown, DE 19709
(302) 616-9622

SUSSEX FAMILY YMCA

20080 Church Street
Rehoboth Beach, DE 19971
(302) 296-9622

WESTERN FAMILY YMCA

2600 Capitol Trail
Newark, DE 19711
(302) 709-9622

WALNUT STREET YMCA

(Youth Development Center)
1000 North Walnut Street
Wilmington, DE 19801
(302) 472-9622

YMCA CAMP TOCKWOGH

24370 Still Pond Neck Road
Worton, MD 21678
(410) 348-6000

ASSOCIATION OFFICE

100 W. 10th Street
Suite 1100
Wilmington, DE 19801
(302) 571-6908

When you **give to the Y**, you support critical programs and services for young people, adults, and families who need them the most. Visit www.ymcade.org/give to donate today.

